

TOWN OF ACTON RECREATION DEPARTMENT



SPRING – SUMMER PROGRAM

- NARA Summer Camp & New Adventure Camp for Older Campers
- NARA Beach
- Special Events
- Summer Concert Series
- Park Information
- Sport Clinics
- Bus Trips
- Art Programs
- Nature Programs
- and so much more!

2012

Find us on the web at: www.acton-ma.gov/recreation

- Like us on Facebook
- Follow us on Twitter
- Learn about us on our Blog



472 MAIN STREET . ACTON . MA . 01720



Town of Acton Recreation Department

472 Main Street

Acton, MA 01720

Phone: 978-929-6640

Fax: 978-929-6340

Email: cfochtman@acton-ma.gov

Website: www.acton-ma.gov/recreation

Cathy Fochtman, Recreation Director

February 21, 2012

To Our Community,

Acton Recreation is located on the ground floor of Town Hall, 472 Main Street, next to the Acton Memorial Library. We offer programs and events at beautiful NARA Park, 25 Ledge Rock Way in North Acton. We're excited to bring you the best opportunities for spring and summer fun with an outstanding lineup of activities for all ages.

NARA Camp registration is underway! We have new activities for our older campers, so sign them up for Adventure Camp. Our CIT program is popular, so register early. NARA Beach is the place to cool down and have fun, so register for seasonal membership early bird rates before June 1! Red Cross Swim weekly lesson groups are forming; private and semi-private lessons are a great option for the child who benefits from 1:1 instruction.

We've expanded our youth sports options, offering more outdoor tennis, girl's lacrosse, field hockey, street hockey, multi-sport, super sports, track & field, volleyball, creative dance for girls and many gymnastic options. Special events include Flick and a Slice, Friday Night Blanket Party, BFF Tea Time and Duct Tape Insanity. Learn how to play Ultimate Frisbee, art lessons, music and voice lessons, Chinese Martial Arts, NE Wolfpac Baseball Clinic and Hybrid Horsin' Around Camp.

Check out our new adult fitness classes, including Cardio Interval & Circuit Workout, Pilates and Zumba, all offered at Chinese Martial Arts' new home next to Acton Barn Cooperative Nursery School. Try our Gymnastics, International Supper Group, cycling with Adventurides, Inline Skating, Photography, Tennis, Tai Chi, Gardening, Birding and Conservation Walks, and Vocal classes.

Be sure to come to our family fun events: Family Campout, Community Yard Sale, and Acton Drum & Dance Evening. Special events to note are a guided tour exploring the fascinating history of Civil War veterans at Mt. Hope Cemetery and discounted tickets for the Lowell Spinners for Friday 13 in July. The Lions Club is offering their annual Town Fair at the School Street and Route 2 fields in late June. Our Beach Party event in late June will offer complimentary entrance to our great beach facility, along with music from Dell Smart & Exitin, beach dance and games.

We have more NARA concerts and events this summer than ever – don't miss our all day ticketed Bluegrass Festival, and special ticketed engagements with Beatlejuice and Gilmour's Breakfast Tribute to Pink Floyd. Thanks to our sponsors, we're offering our free concert series with A Far Cry, Triton Brass Quintet, The Help Wanted Band, The Hootchies, U.S. Airforce Band of Liberty, and Hot Tamale Brass Band. Our July 4th Independence Day Celebration features family fun activities, The Blushing Brides Rolling Stones tribute and fantastic fireworks. Mark your calendars for Sri Lanka Day in July and Essence of India in August.

Thank you for supporting Friends of the Playground who are tirelessly working to assist us with the funding and planning of the Goward Playground renovation. See www.friendsoftheplayground.org for the latest news, and a list of donors to date in this booklet! Another exciting project in the works is the establishment of Massachusetts's first Miracle League Field in Acton, to be built at NARA. Learn more at www.miracleleagueofma.com and support this project. Lastly, see on page 49 how the MinutemanVan can provide you with transportation options to our programs and events.

We're here for you and welcome your questions, comments, and concerns. You can reach our office at (978) 929-6640 or by email at recreation@acton-ma.gov. Like us on Facebook, follow us on Twitter, learn about us on our blog, and email us to request to be added to our electronic distribution list.

To your good health,

Cathy Fochtman
Recreation Director

Sign-up to receive our Recreation Department E-Newsletter.

Join the many folks who get the news first!

Receive class updates, NARA Park news, Special Events Info and more.

We do not share your email address!

Email us to request to be added to our distribution list: recreation@acton-ma.gov

SPRING-SUMMER 2012/PROGRAM MAIL-IN OR WALK-IN REGISTRATION FORM

SAVE TIME, REGISTER ONLINE! www.acton-ma.gov/register

PLEASE USE THIS FORM FOR CLASSES & SHOW TICKETS. PLEASE USE BUS FORM FOR BUS TRIPS.
PLEASE PRINT ALL INFORMATION, SIGNATURE REQUIRED BELOW. THIS FORM MAY BE DUPLICATED

Please contact our office prior to registering if you have questions.

Email: recreation@acton-ma.gov Phone: 978-929-6640 ext. 0

1. Participant Name: _____ Program # _____ Session # _____ M / F
Program Name: _____ Date of Birth: ____/____/____ Grade (Fall '12): _____ Class Fee \$ _____

2. Participant Name: _____ Program # _____ Session # _____ M / F
Program Name: _____ Date of Birth: ____/____/____ Grade (Fall '12): _____ Class Fee \$ _____

3. Participant Name: _____ Program # _____ Session # _____ M / F
Program Name: _____ Date of Birth: ____/____/____ Grade (Fall '12): _____ Class Fee \$ _____

TOTAL ENCLOSED \$ _____

If any participant is under age 18 PRINT Parent Name: _____

Address: _____ Town: _____ Zip: _____

Email: _____

(Note: email addresses will not be distributed outside of Recreation except to instructor. They are for class notifications and recreation updates)

Telephone: (list in order of call preference)

(1) _____ (2) _____ (3) _____

BY SIGNING BELOW I ACKNOWLEDGE THE FOLLOWING:

I agree to hold harmless the Town of Acton and/or its employees, independent contractors, their agents and employees, from claims or liability related to any accident or injury that may occur. I certify that the participant is in good health. I understand there is some risk in taking part in sports and recreational related activities, and I am willing to assume those risks. I give participant permission for medical treatment to be given if the need arises.

REFUNDS & WITHDRAWALS POLICY: You may withdraw from a program up to 7 (seven) business days prior to the start date—a non-refundable administrative fee of **\$10 will be applied to all registrations**. After that time, no refunds will be issued. All refunds must be submitted in writing to the Recreation Department requesting withdrawal and refund. It will take two - three weeks for the refund to be processed if paid by check. If registered online, you will get refunded back to the card of purchase within a few days, and for onsite credit transactions, you will need to come in person to process refund. Refunds will not be made for classes missed due to inclement weather. Exception to policy: a written letter from a licensed physician excusing participant if received prior to start of a program. The Recreation Department reserves the right to suspend a participant in a program due to inappropriate behavior. No refunds will be given for any participant who has been suspended from a program. **Certain programs and bus trips have separate refund policies and will be duly noted in description and/or on form. Show tickets are non-refundable, but are transferable.**

CLASS CANCELLATION POLICY: Classes are cancelled if Acton and Acton-Boxborough Schools have closed or have early dismissal due to weather. Notification via email for Recreation Dept. run programs will be made if a class is cancelled due to poor weather or field conditions or lack of minimum participants. Programs run outside of the Recreation Department are responsible to notify participants of class cancellations. Efforts will be made to make-up weather cancelled classes, but are not guaranteed. Any class cancellations due to an illness of an instructor will be made-up or refunded. Refunds will not be offered due to a participant's inability to partake in make-up session(s). Some programs or classes have special cancellation policies and are noted in program description and/or special registration form.

Signature of Parent/Guardian or Class Participant over age 18 (Form must be signed to participate) _____ Date _____

SPECIAL ACCOMMODATIONS: In order to enhance participation, please identify any special accommodations needed. _____

The Recreation Department accepts cash, check, money order, VISA or MasterCard.

Credit Cards are not accepted over the phone, email or fax. Credit transactions must be done online or in person.

Checks and money orders are payable to: Town of Acton.

SAVE TIME, REGISTER ONLINE! www.acton-ma.gov/register

For Office Use: Received by: _____ Date: _____ Check # _____ Cash MasterCard VISA MO \$ _____

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GENERAL INFORMATION & PROGRAM POLICIES



REGISTRATION begins for classes once published on the Recreation Dept. page of the Town website: www.acton-ma.gov and/or in print. You can register now **online** at www.acton-ma.gov/register or **in person** at the Recreation Department located at the Acton Town Hall, 472 Main Street, Acton, MA 01720 or **by mailing** in your registration form with payment. **There are no additional fees assessed for out-of-town residents.** You are welcome to register any time for a program provided it is not past a posted registration deadline. All programs are on a first come, first served basis.



PAYMENT: We accept cash, money orders, checks, and MasterCard or VISA.

There is no credit card fee for registering on line.



Checks and money orders are made payable to: Town of Acton

NOTE: Out of state checks will not be accepted. One check can pay for multiple programs. **Returned Check Fee: \$20**

Class fee proration is at the discretion of the Recreation Director.

PROXY REGISTRATIONS, PROGRAM CONFIRMATION & DISCLAIMER: A person may submit another's registration form, provided the form is properly completed and signed. Limit is one per person. The Recreation Department reserves the right to correct mistakes or adjust program fees made in this brochure at the time of release by print or internet and cancel any program due to low enrollment or poor weather. **Confirmations are not mailed out. All registrations are considered accepted unless you are contacted – no news is good news.**

FINANCIAL AID: Financial Aid is available for Acton residents based on financial need through the Doli Atamian Campership Program. You may contact them at 978-263-0131 or write a letter of request to Doli Atamian Campership Program, Inc., PO Box 693, Acton, MA 01720.

PHOTO POLICY: Acton Recreation Department and events are often photographed for promotional purposes. If you do not wish to be included in Recreation photos, please indicate this to the photographer.

HOURS: The Town Hall is closed on **Labor Day, Columbus Day, Veteran's Day, Thanksgiving and day after Thanksgiving, Christmas, New Years Day, Martin Luther King Day, Presidents Day, Patriots Day, Memorial Day and July 4.** Acton Recreation Dept. classes/programs are not run on these dates. Town Hall business hours are Monday-Friday 8AM-5PM. The Recreation Department has a door slot for form drop-offs during hours when the Recreation Department is closed or unavailable. After hours, forms (in envelope addressed to "Recreation Dept.") may be dropped in the message drop 24/7 located outside the Town Hall lower parking lot entryway.

REFUNDS & WITHDRAWALS: You may withdraw from a program up to 7 (seven) business days prior to the start date—a non-refundable administrative fee of **\$10 will be applied to all registrations.** After that time, no refunds will be issued. All requests must be submitted in writing to the Recreation Department requesting withdrawal and refund request. Refund/Withdrawal requests are not submitted through instructor. It will take two - three weeks for the refund to be processed. Refunds will not be made for classes missed due to inclement weather. Exception to policy: a written letter from a licensed physician excusing participant from a program prior to 1st class. Show tickets are non-refundable but can be transferred. Tickets must be picked up in person at the Acton Town Hall. Lost tickets are not the responsibility of the Recreation Department. Bus trip refund policy will be outlined in trip description. Please inquire prior to any registration if you have any refund questions.

CLASS CANCELLATION POLICY: Classes are cancelled if Acton and Acton-Boxborough Schools have closed due to weather. Notification via email for Recreation Dept. run programs will be made if a class is cancelled due to poor weather or field conditions. Programs run by our independent contractors outside of the Recreation Department are responsible to notify participants of class cancellations. Efforts will be made to make-up weather cancelled classes, but are not guaranteed. Any class cancellations due to an illness of an instructor will be made-up or refunded. Refunds will not be offered due to a participant's inability to partake in missed make-up sessions.

BUS TRIPS: Bus trips will run if minimum amount of registrations are received. Many of our trips are merged with other local town departments to fill a bus to help meet the minimum required. If trip is cancelled due to the lack of minimum participants, a full refund will be issued. Please note that pickup/drop-off locations are subject to change if adequate number of registrations are not received for a pickup location in Acton. Refunds will not be issued for a non-Acton pickup/drop-off location. In the event of illness, a trip can be transferred but not refunded once commitment has been made. **If you have any refund questions, please inquire prior to signing up.** Individual bus trip refund policies will be outlined in trip description. If a trip is refundable, all changes and special requests must be completed in writing up to 30 days prior to the trip and are subject to a \$50 cancellation fee per person. No refunds will be issued with less than 30 days notice.

Check out these websites for local resources:

www.suzysaid.com

www.ziptivity.com

www.actoncenter.com/calendar.php

www.abchy.org

www.dannysplace.org

www.americatowns.com

CONTACT INFORMATION

The Recreation Department is located on the ground floor of the Acton Town Hall, 472 Main Street, Acton, MA 01720.

Normal business hours are Monday-Friday, 8AM-5PM.

Town Hall Office Phone: (978) 929-6640 **Fax:** (978) 929-6340 **Dept. Email:** recreation@acton-ma.gov

NARA Park Bathhouse Phone: (Seasonal) Memorial Day – August 24, 2012: (978) 929-6641

Director of Natural Resources: Tom Tidman, ttidman@acton-ma.gov

Recreation Director: Cathy Fochtman, cfochtman@acton-ma.gov

Event & Program Coordinator: Maura Haberman, mhaberman@acton-ma.gov

Natural Resources Facilities Assistant: Melissa Settipani, msettipani@acton-ma.gov

Registration Secretary: Cheryl Getsick, cgetsick@acton-ma.gov

Recreation Commission: Karen Jarsky, Betsy Mercier, Bridget McKeever-Matz, Stephen Leo

Recreation Commission Email: rc@acton-ma.gov

ACTON SPORTS CONTACT INFORMATION

Kelly	McEwen	AB Girls Youth Lacrosse	mcewen@comcast.net	www.abgirlslax.org
Al	Caruso	A-B Girls Youth Softball	alcaruso@yahoo.com	www.eteamz.com/absoftball
Sanjay	Khosla	A-B Youth Baseball	president@abyb.com	www.abyb.org
Ernst	Oddsund	A-B Youth Soccer	ernst@oddsund.com	www.abys.org
Dave	Scheuer	A-B Youth Soccer	dave.scheuer@verizon.net	www.abys.org
Rich	Gottesman	Acton Adult Softball	rich@actonasl.com	www.actonasl.com
Matt	Murphy	Acton Adult Softball	matt@actonasl.com	www.actonasl.com
Clifford	Meijer	Acton Boys Youth Lacrosse League	cmeijer@twisel.com	www.ablax.org
Rich	Dushanek	A-B Community Education	rdushanek@mail.ab.mec.edu	www.comed.ab.mec.edu
Bob	Major	Men's Baseball	actonorioles@yahoo.com	www.dontbreakyourbat.com
Lauren	Richardt	Miracle League	laurenrichardt@yahoo.com	www.miracleleagueofma.com
Jeff	Sullivan	Pop Warner	jsullivan@munder.com	www.abpopwarner.com
Ann-Marie	Sweeney	Pop Warner	annmarie.sweeney@verizon.net	www.abpopwarner.com

OTHER CONTACTS

A-B Community Education: (978) 266-2525

Acton Health Department: (978) 929-6632, health@acton-ma.gov

Acton Lions Club: www.actonlions.org

All Seasons Tennis Club: Ron Parlman, (978) 263-3660

Boxborough Recreation Commission: Kevin Lehner, (978) 266-1490, kevinlehner@verizon.net

Chinese Martial Arts/Athletic Balance: (978) 635-1090 www.wushukungfu.net

Concord Conservatory of Music: (978) 369-0010, www.concordconservatory.org

NARA Park Beach Office: Seasonal – Memorial Day thru last Friday in August, (978) 929-6641

NARA Park Amphitheater: Only during event time-this is not a manned phone, 978-929-6438

Silver Fox Coach: Bill Fox, 800-734-8106, www.silverfoxcoach.com

South Acton Commuter Bicycle Lockers: Acton Planning Department, (978) 929-6631, planning@acton-ma.gov

TOWN OF ACTON FACILITIES USES & LOCATIONS

Permit applications can be obtained at the Recreation Dept. or online at www.acton-ma.gov/recreation

	Baseball	Soccer	Tennis	Basketball	Fishing	Swimming	Playground	Skateboard	Picnic Shelter	Volley Ball
Concord Rd		Yes								
Elm St	Yes	Yes	Yes						Yes	
Gardner				Yes			Yes			
Goward							Yes			
Great Hill and Little Great Hill		Yes					Yes			
Hart Field	Yes									
Ice House Pond					Yes					
Jones Field	Yes	Yes					Yes			
MacPherson	Yes									
NARA Park	Yes	Yes			Yes	Yes	Yes		Yes	Yes
Robbins Mill		Yes		Yes			Yes		Yes	
School Street		Yes								
T.J. O'Grady Skate Park								Yes	Yes	
Veterans Field	Yes						Yes			

Concord Rd. Field: (104 Concord Road) This field is located off of Concord Rd. between Ice House Pond and the Woodlawn Cemetery entrance. It is a multi-use soccer field.

Elm Street Fields: (21 Elm Street) The playing fields are located on Elm St. next to the Douglas School in West Acton. The Elm St. fields consist of a playground, two tennis courts, a softball diamond with night lighting and a small soccer field.

Gardner Field: (Mass Avenue/Rt. 111 near Kinsley Rd.) This field consists of a playground, basketball hoop, and field area.

Goward Playground: (486 Main Street) The playground is located behind the Acton Memorial Library in Acton center.

Great Hill/Little Great Hill: (54 School Street) The Great Hill fields are located off of School St. behind the South Acton Fire Station. Great Hill field contains a soccer field located adjacent to the Great Hill Conservation Area. Little Great Hill field contains small sided soccer fields and located left of the Great Hill field.

Hart Field: (80 Taylor Road) Hart Field is located at the Conant Elementary School. This field consists of a baseball/softball diamond.

Ice House Pond: The Ice House Pond is located off Concord Rd. next to the Morrison Farm. This pond has fishing and a picnic area.

Jones Field: (Martin Street & Stow Road) This field consists of a full size baseball diamond and a playground.

MacPherson Field: (80 Taylor Road) is located at the Conant Elementary School. This field consists of a Baseball diamond.

Morrison Farm Community Gardens: (116 Concord Rd.) Take Rt. 2A west at the Concord Rotary, follow Rt. 2A into Acton, turn left onto Concord Road after Ice House Pond.

NARA Park: (25 Ledge Rock Way) NARA Park was opened in the summer of 1999. NARA Park is home to the NARA Summer Camp and also our summer concert series. The park consists of a playground, NARA Pond and beach, a walking trail (approx. one mile loop), a softball field, a picnic pavilion, 3 soccer fields, picnic tents, 2 beach volleyball courts, and an amphitheater.

North Acton Community Gardens: Located off Rt. 27 in n. Acton. Garden sign-ups begin on/around Dec. 15. There are approximately 45 garden plots varying from ½ to full plots.

Robbins Mill Recreation Area: (61 Canterbury Hill Rd.) Recently opened in 2011, RMRA is located in the Robbins Mill Subdivision and contains a 120' x 180' Jr. soccer field, basketball court, playground and picnic shelter.

School St. Fields: (343-347 School Street) The fields are located at the end of School St., off of Rte. 2 east. This field consists of soccer and multi-use fields.

T.J. O'Grady Skate Park: (66 Hayward Rd.) The Skate Park opened in the fall 2005 and is located near the ABRHS on Hayward Road. The park is open during daylight hours for skateboarding and rollerblading.

Veterans Field: (655 Main Street) Veteran's Field is located at the intersection of 2A and Route 27. The field consists of two Little League diamonds and a playground. This is a tournament quality lighted field.

A-B School Fields and School Facilities: Community Education at 978.266.2525

Boxborough Fields: Boxborough Recreation at 978.266.1490



NARA Park

Summer Fun All Summer Long!

**Beach – Summer Camp – Special Events
Free Concerts – 1 Mile Paved Walking Path
Recreation Fields - Bathhouse Pavilion
Family Picnics - Corporate Outings
Beautiful Landscaping**

**Escape Today!
25 Ledge Rock Way, Acton**





NARA PARK PICNIC RENTALS & OTHER FACILITIES

NARA Park is a great place to hold a family reunion, neighborhood picnic, birthday party or company outing. Did you know that you could reserve the amphitheater, bathhouse pavilion, tented picnic area, volleyball courts, or field space? Prices vary depending on number of attendees, area rented, and type of function being held. Field and Facility Request Forms can be obtained on page 13 & 14, online at www.acton-ma.gov/recreation or at the Recreation Department. All requests for rentals must complete a Field & Facilities Request Form. Please allow up to two weeks to process your request. Please contact the Recreation Department at (978) 929-6640 for more information.

NARA PARK BEACH

NARA Park Seasonal Beach Passes are now available for purchase online at www.acton-ma.gov/register for both Acton and non-Acton residents. Seasonal pass options are household family, couple (two adults, same household), single adult, and senior (65+). Signup by May 31st and receive the early bird rate! Daily passes may be purchased the same day at the beach snackbar. Group rates are available if purchased in advance. Beach rates can be found on the following page or online at www.acton-ma.gov/recreation.

NARA PARK BEACH ACCESSIBILITY

NARA Park offers a beach accessible wheelchair for anyone in need. Simply stop by the office and ask for assistance in using the wheelchair. The wheelchair will be available on a first-come, first-served basis. Also, look for our handicap accessible ramp leading to the beach and dock.

BOAT RENTALS

NARA Park has a supply of boats available for rental during normal beach hours. We have paddleboats, and canoes available for your use. Rental fees are \$5.00 per ½ hour and should be paid directly to the lifeguard on duty. Rental fee includes boats, paddles, and lifejackets. Lifejackets must be worn at all times while using any boat. Rentals subject to boat availability and may not be reserved ahead of time. Children 12 and under must be supervised by an adult.

SNACKBAR

The snackbar will be open for the season beginning Saturday, May 26, 2012. There will be a wide variety of affordable snacks including chips, candy, ice cream, soda, water, hot dogs, pizza, and more. The Snackbar opens 30 minutes after and 30 minutes before the beach opens and closes. Hours are subject to change due to weather and staff conditions.

NARA PARK DOG POLICY

The Town of Acton is proud to provide our residents and visitors with a safe and clean environment. Visitors with dogs are required to leash their pets at all times; pick up after their pet with provided waste bags and dispose of in trash bins. Dogs are not permitted on the beach at any time. Let's all do our part to keep our Park clean and safe.

Online Registration Now Available: www.acton-ma.gov/register

All cash transactions must be completed in person at the Recreation Department located at the Acton Town Hall.

Saturday, May 26 – Friday, August 24

Telephone (Home)	Alt. #
------------------	--------

Check Type of Membership:

<input type="checkbox"/>	Family	\$135 ____	\$185 ____
<input type="checkbox"/>	Individual	\$75 ____	\$105 ____
<input type="checkbox"/>	Senior (65+)	\$25 ____	\$25 ____
<input type="checkbox"/>	Couple (2 adults)	\$100 ____	\$135 ____

<input type="checkbox"/>	Family	\$185 ____	\$235 ____
<input type="checkbox"/>	Individual	\$110 ____	\$135 ____
<input type="checkbox"/>	Senior (65+)	\$40 ____	\$40 ____
<input type="checkbox"/>	Couple (2 adults)	\$140 ____	\$175 ____

Applicant and family members agree to hold harmless the Town of Acton and/or its employees from claims or liability related to any accident that may occur. Applicant and family members give permission for medical treatment to be given if the need arises. I attest that the household members listed reside year-round at my residence listed above.

Date _____

Staff: cg ms cf mh Special Note:

NARA Park Group & Private Red Cross Swim Lessons

Town of Acton Recreation Department

472 Main St., Acton, MA

978-929-6640

www.acton-ma.gov/recreation

Classes are available for children ages 3 to 17. Water Safety Instructors will confirm a child's readiness for level appropriateness at the first session. If necessary, an instructor may recommend an alternate level to fit the child's readiness. Please sign up for the appropriate swim levels on this form. All classes are held at the NARA Park beach. Beach memberships and daily beach passes aren't required to participate in swim lessons. Participants must have Level 1 certification in order to take Level 2 classes and have Level 2 certification to take Level 3 classes. Certification can only go up to Level 3 as diving is not available at the pond.

Level 1 – Water Exploration: Submerge face, bobbing, supported front and back float, bubble blowing, supported front and back kick, crawl stroke arms, reaching assists, PFD use

Level 2 – Primary Skills: Submerge head, retrieve objects, prone float/glide/recover, supine float/glide/recover, front and back flutter kick, back crawl arms, front and back combined strokes

Level 3 – Stroke Readiness: Retrieve object w/ eyes open, chest deep bobbing, prone and supine glide, front crawl w/ breathing-10 yds, back crawl-10 yds, elementary back kick-10 yds, reverse direction front & back, treading water.

2012 Swim Lesson Registration Form

Please Print and Complete all information. One child per registration form.

Comments should be noted on separate paper with registration form.

Participant Name: _____ Parent/Guardian Name: _____

Phone: _____ Emergency Phone #: _____

Email Address (for class contact and recreation info use only): _____

Male ___ Female ___ Date of Birth: ___/___/___ Grade in Sept. 2012: ___ Prior Swim Lessons? ___ Yes ___ No

Last Passed Tested Level: _____ Location: _____

GROUP LESSONS (for ages 4 and up)

☐

\$58 per person per session

Please check off desired session and lesson time.

Monday-Thursday	Group 1 11:45-12:15 pm	Group 2 4:30-5 pm	Group 3 5:15-5:45 pm
Session 1: June 25-28			
Session 2: July 2, 3, 5, 6*			
Session 3: July 9-12			
Session 4: July 16-19			
Session 5: July 23-26			
Session 6: July 30-Aug. 2			
Saturdays	Group 1 10:45-11:15 am	Group 2 11:30-12 pm	Group 3 12:15-12:45 pm
Session 7: June 16, 23, 30, July 1			
Session 8: July 14, 21, 28, Aug. 4			

PRIVATE LESSONS (for ages 3 and up)

☐

Private Lessons: *\$121 per person*

Five 30-minute lessons. Swim days and times are coordinated with a WSI Instructor and Swim Lesson Coordinator. You will be contacted during beach hours to coordinate lesson schedule.

1st Choice Dates & Time _____

2nd Choice Dates & Time _____

Semi-Private Lessons:

☐

\$176 per two people; same lesson level

Five 30-minute lessons. Swim days and times are coordinated with a WSI Instructor and Swim Lesson Coordinator. You will be contacted during beach hours to coordinate lesson schedule.

1st Choice Dates & Time _____

2nd Choice Dates & Time _____

*

Make-up Information: Weather make-ups will be held on Fridays with the following exception: Session 2: July 6. No lessons July 4th.

All swim classes are subject to changes due to weather conditions or water quality. Make-up classes will be held on Fridays*. The first rain day will be a make-up session and the second rain day will be a dry land safety day. Classes may be combined if there are not enough participants to conduct classes. Refunds will not be issued without a written cancellation later no less than 7 (seven) business days from the start of the session. A \$10 non-refundable administrative fee will be retained for each cancelled session per child. Refunds will not be given if a child is unable to attend any make-up session(s).

RELEASE OF LIABILITY

I agree to hold harmless the Town of Acton and/or its employees, independent contractors, their agents and employees, from claims or liabilities related to any accident or injury that may occur. I certify that the participant is in good health. I understand there is some risk in taking part in sports and recreational related activities, and I am willing to assume those risks. I give permission for medical treatment to be given if the need arise.

Parent/Guardian Signature: _____ Printed Name: _____

For Office Use:

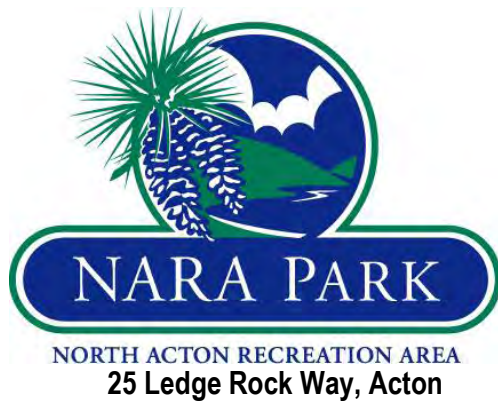
Received by: _____

Date: _____

Check #: _____

Cash Mastercard VISA

Amt: \$ _____



Directions:

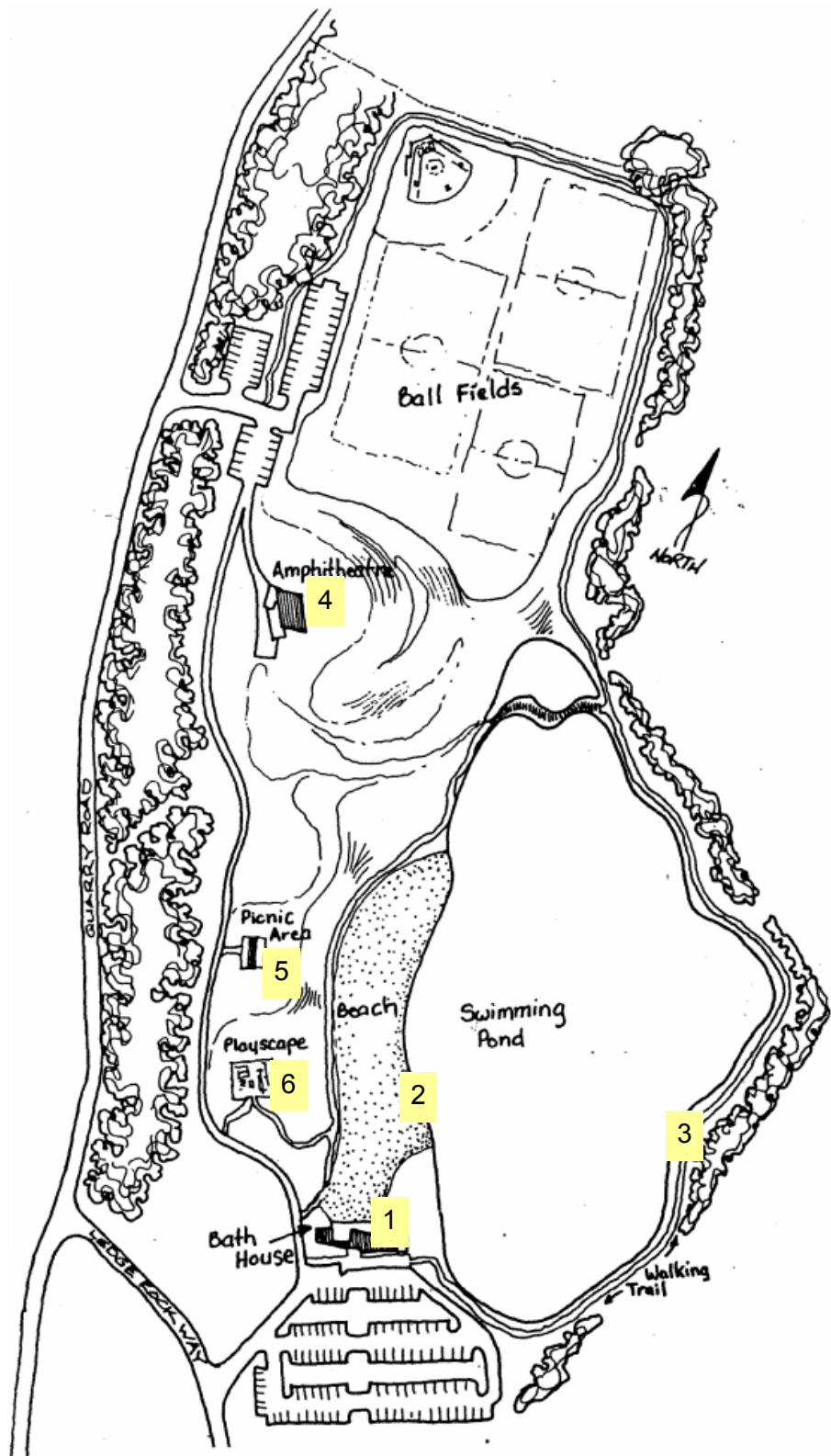
From 495N - Take Exit 29A (to Rte 2 East). Take Exit 42 (Rte 27 Acton, Maynard). Take left at end of the ramp. Follow Rte 27. Go straight through 2 sets of lights. Approximately 9/10th's of a mile from the second set of lights Quarry Road will be located on your left. Go to the end of Quarry Road and when you see the last house on the left, take your next right into the parking lot. If you end up on a dirt road, you've gone too far. Stage will be located to the right.

From Rte 128 Take Exit 29 (Rte 2 West). Take Exit 41 (Rte 27 Acton, Maynard). Take right at the end of ramp. Follow Rte 27. Go straight through 2 sets of lights. Approximately 9/10th's of a mile from the second set of lights Quarry Road will be located on your left. Go to the end of Quarry Road and when you see the last house on the left, take your next right into the parking lot. If you end up on a dirt road, you've gone too far. Stage will be located to the right.

Field & Facilities Use:

Permits for Field Use, Picnic Area and Bath House Pavilion are available on the Recreation Dept. page of the Town website: www.acton-ma.gov/recreation

This form must be completed for all permit and picnic requests for NARA Park and all other town areas on the Acton Facilities Table, listed on the previous page. All requests are subject to a two-week processing period once received.



1. Bathhouse - SnackBar, Outdoor Showers, Changing Areas, Restrooms, Office (open seasonally)
2. Swimming, Boating, and Fishing
3. Walking Path - 1-Mile Park Perimeter Path, 1/2 Mile Pond
4. Amphitheater
5. Picnic Areas
6. Playground



TOWN OF ACTON
RECREATION DEPARTMENT
472 Main Street, Acton, Massachusetts, 01720
Telephone: (978) 929-6640
Fax: (978) 929-6340
E-mail: recreation@acton-ma.gov
Website: www.acton-ma.gov/recreation

Complete Sections I & II only, signature required on page 2. File application with the Acton Recreation Department at least **TWO WEEKS** prior to the date desired. Adult and Youth Organizations must provide a current Certificate of Liability Insurance and sign the Acton Recreation Field Use Permit and Weather Policy (available online or at the Rec. Dept.) for a Permit to be granted. Incomplete applications will be returned. **Please allow up to two weeks for your application to be processed. Upon approval of application, you will be contacted via email first,** payment is due to secure your facilities rental and permit will be issued.

SECTION I

Application Date: _____ E-mail Address: _____
Name of Organization: _____
Contact Person: _____ Phone: Home (____) _____
Address: _____ Work (____) _____
Town/City: _____ State: _____ Zip Code: _____
Organization: Acton Non- Resident Number of Participants: _____
Describe Activity: _____

SECTION II

FACILITY/ FIELD REQUESTED: (PLEASE CHECK)

NARA Park (25 Ledge Rock Way):

____ Amphitheater**
____ Walking Trail (1 mile)
____ Bathhouse Pavilion (5 picnic tables)
____ Patio Tent (4 picnic tables)
____ Large Picnic Area (8 picnic tables)
____ Small Picnic Area (4 picnic tables)
____ Picnic Pod (near volleyball courts;
2 picnic tables)
____ Group Swim Passes, # needed: _____
____ Large Soccer Field, # fields: _____
____ Small Soccer Field, # fields: _____
____ Softball Field
____ Volleyball Court 1 or 2 (Please Circle)
Elm Street Fields (21 Elm Street):
____ Soccer Field
____ Softball Field
____ Tennis Court, # of courts needed:
1 or 2 (Please Circle)
School Street Fields (343-347 School Street):
____ Small Soccer Field, # of fields: _____
____ Large Soccer Field, # of fields: _____
____ Lacrosse Field

Veterans Fields (655 Main Street):

____ Little League Fields,
1 or 2 (Please Circle)
Concord Road (104 Concord Road):
____ Soccer Field
Gardner Field (Route 111 near Kinsley Road):

____ Recreational Field
Great Hill (54 School Street):
____ Soccer Field, 1 or 2 (Please Circle)
____ Little Great Hill Field

Hart Field (80 Taylor Road):
____ Little League/Softball Diamond

MacPherson Field (80 Taylor Road):
____ Little League/Softball Diamond
Jones Field (Martin Street & Stow Road):
____ Full Size Baseball/Lacrosse/Football Field
Robbins Mill Recreation Area (61 Canterbury Hill Road):

____ Small Soccer Field
____ Basketball Court
T.J. O'Grady Skate Park (66 Hayward Road):
____ Skate Park

* The NARA Picnic Areas, Patio Tent, and Bathhouse are not available for rental during the NARA Summer Camp hours (8:00 AM – 5:30 PM, Monday – Friday, excluding Thursdays: June 28 – Aug. 24, 2012). Permits will not be available at NARA Park for these dates in 2012: July 4-5, and dates that have sponsored recreation events. **Amphitheater rentals must complete a separate facility application.

Please continue on back page



NARA SUMMER CAMP



SESSION 1: JUNE 18-22 - HALLOWEEN IN JUNE WEEK

We will enjoy making spooky crafts, playing ghostly games, and on Friday wear your Halloween costume from last year to go Trick-or-Treating with the counselors.

Adventure Camp Trip Tuesday for Ages 12&13:

Nature Walk through the Arboretum in Acton

Field Trip Thursday: Salem Witch Museums for grades 3-8.



SESSION 2: JUNE 25-29- CASINO WEEK

Vegas is coming to NARA Park! This week we will learn how to play fun card games, play some BINGO and win some prizes!

Adventure Camp Trip Tuesday for Ages 12&13: Hike

through Great Brook Farm State Park in Carlisle

Field Trip Thursday: Franklin Park Zoo for grades 1-8



SESSION 3: JULY 2-3, 5-6 - RED, WHITE, AND BLUE WEEK

Pro-rated Fee—Camp will not be held on Wednesday, July 4.

NARA will host its own county fair! Pie and Donut eating contests, potato sack races, and egg and spoon races. Patriotic pinwheels and flag windsocks in Arts & Crafts. Wear red, white and blue on Friday!

Adventure Camp Trip Tuesday for Ages 12&13

Bicycle around Acton, Note: All campers must bring their own bike and helmet to participate.

Field Trip Thursday: Movie and Bowling for grades 1-8



SESSION 4: JULY 9-13 - OCEAN EXPLORERS WEEK

Making sea creatures at Arts & Crafts, playing games like "Fishy, Fishy Cross My Ocean," and fishing in NARA Pond. Talent Show on Friday!

Adventure Camp Trip Tuesday for Ages 12&13: Hike up Mt. Wachusett in Princeton

Field Trip Thursday: New England Aquarium for grades 1-8 www.neaq.org



SESSION 5: JULY 16-20 - PIRATE WEEK

Treasure Hunting, Capture the Flag, Loot Bags and Treasure Chests in Arts & Crafts and Dress Up Like a Pirate Day on Friday.

Adventure Camp Trip Tuesday for Ages 12&13 Trail hike/walk through Great Hill in Acton

Field Trip Thursday: Plymouth Pirate Cruise for grades 1-8 www.plymouthcruises.com

SESSION 6: JULY 23-27 - OLYMPICS WEEK

One of our most popular weeks! The NARA games will be ongoing all week with the camp uniting to represent countries to compete in swimming, boating, running, and the 4th annual Tour de NARA.

Adventure Camp Trip Tuesday for Ages 12&13:

Rock climbing at MetroRock Climbing Center in Newburyport

Field Trip Thursday: Canobie Lake for grades 1-8, www.canobie.com



SESSION 7: JULY 30-AUGUST 3 - WET AND WILD WEEK

Water, water and more water: Water Balloon Toss, Boat Races, Water Volleyball, Waterslides and more!

Adventure Camp Trip Tuesday for Ages 12&13

Campfire and s'mores at Camp Acton

Field Trip Thursday: Water Country for grades 3-8 www.watercountry.com



SESSION 8: AUGUST 6-10 - SURVIVOR WEEK

Campers will join tribal teams, pick out face paints and make armbands to signify their tribe while trying to withstand eating 'Worms n' Dirt', Gross-out Gummy 'Bugs', and other tribal competitions.

Adventure Camp Trip Tuesday for Ages 12&13

Trail hike/walk through Waldon State Reservation in Concord

Field Trip Thursday: Charles River and Locks Cruise for grades 1-8

www.bostonharborcruises.com



SESSION 9: AUGUST 13-17 - CARNIVAL WEEK

Play Balloon Stomp, Cake Walk, Milk Bottle Knockdown and more to get tickets to redeem at the NARA Arcade plus enjoy popcorn and other carnival foods.

Adventure Camp Trip Tuesday for Ages 12&13

Trail hike/walk and swimming at Hopkinton State Park.

Field Trip Thursday: Kimball Farm for grades 1-8 www.kimballfarm.com



SESSION 10: AUGUST 20-24 - SUPERHERO WEEK

It's a bird, it's a plane, no - it's Superman! Make superhero masks and dress like your favorite hero on Friday!

Adventure Camp Trip Tuesday for Ages 12&13

Bicycle around Acton, Must have helmet and bike to participate

Field Trip Thursday: Museum of Science for grades 1-8 www.mos.org



www.acton-ma.gov/camp



TOWN OF ACTON RECREATION DEPARTMENT

472 Main Street, Acton, MA 01720

(978) 929-6640

Information: www.acton-ma.gov/camp

Online Registration: www.acton-ma.gov/register



2012 NARA SUMMER CAMP MIGHTY MINI REGISTRATION FORM (AGES 4 & 5)

ATTENDEE INFORMATION (one child per form)

Last:		First:	MI:
Nickname			Grade in September 2012:
Birthday (MM/DD/YYYY)			Prior NARA Youth Participant? Yes No
Please circle: Male or Female			
Allergies			
Special Accommodations			

PARENT/ GUARDIAN INFORMATION

Name(s)			
Mailing Address			
City, State, Zip			
Home Phone		Cell Phone:	
E-mail Address			

List anyone authorized who may pick up your child including yourself.
ID required-- must match designated pick-up

Free tee shirt included for those registered by Thursday, May 31, 2012. Shirts order will be placed on June 1 based on size noted on form. Pick up your child's shirt the first day they start camp at NARA Park.

Please circle your child's size: youth small youth medium youth large

Session #	Dates	Session Theme	AM 8AM- Noon	PM Noon- 4:00 PM	Pre- Care	Post- Care	Total
1	June 18-June 22	Halloween in June	\$125	\$125	\$20	\$60	\$
2	June 25-June 29	Casino Week	\$125	\$125	\$20	\$60	\$
3	July 2, 3, 5, 6	Red, White and Blue	\$100	\$100	\$16	\$48	\$
4	July 9-July 13	Ocean Explorers	\$125	\$125	\$20	\$60	\$
5	July 16-July 20	Pirates Week	\$125	\$125	\$20	\$60	\$
6	July 23-July 27	Olympics Week	\$125	\$125	\$20	\$60	\$
7	July 30- Aug. 3	Wet & Wild Week	\$125	\$125	\$20	\$60	\$
8	Aug. 6-Aug. 10	Survivor Week	\$125	\$125	\$20	\$60	\$
9	Aug. 13-Aug. 17	Carnival Week	\$125	\$125	\$20	\$60	\$
10	Aug. 20-Aug. 24	Superhero Week	\$125	\$125	\$20	\$60	\$

Please note: all snacks, meals and beverages are provided by parent.

Field Trip Fees (optional and age limitations) are not included with registration fees.

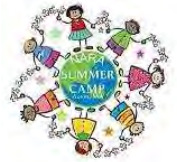
Mighty Mini's do not attend field trips.

Total Paid
\$

This form must also include Parent/Guardian Consent & Acknowledgement Form



NARA Summer Camp Parent / Guardian Consent and Acknowledgement



MUST BE SUBMITTED WITH ALL CAMP REGISTRATIONS

CAMP HOURS:

NARA Camp for Ages 4 & 5: AM Session 8 AM-12 PM, PM Session 12 PM-4 PM

NARA Camp for Ages 6-13: 8 AM-4 PM

CIT Program: 8 AM-4 PM

Pre Care Option: 7:30 AM-8 AM

Post Care Option: 4:00 PM-5:30 PM

Payment: Payment in full is due with registration. Payment options accepted are: Cash, Check, Money Order, VISA, MasterCard. A \$3 fee per \$100 is added to walk-in credit card payments.

Required Paperwork: Please provide a copy of your child's physical and immunization record dated within two calendar years of session week participation. These records must be on file prior to the first day of camp, or child will not be admitted due to Board of Health regulations.

Refund Policy: You may withdraw up to 10 business days prior to the start of each session. A \$50 non-refundable fee will be applied for each session. Exception to policy; a written letter from a licensed physician excusing participant from a program prior to the 1st day of session start date. Refunds will not be issued due to weather conditions or any water closure. All refund requests must be submitted in writing to the Recreation Office. Refund requests are not filtered through NARA Summer Staff.

Behavior: We take great pride in the outstanding respect that our participants have exhibited over the years with our program. For the enjoyment and safety of all participants and staff, inappropriate behavior will not be permitted. Our program has a zero tolerance policy. Grounds for dismissal include: disrespect for others or property, foul language, fighting, bullying, sexual harassment, spitting and biting. Refunds will not be given to a participant who has been dismissed from the program due to behavioral issues.

Switching Session Fee: A fee of \$15 per session fee is applied (per person) pending availability of session openings.

Scholarships: Scholarships are available for those who qualify through Doli Atamian Campership Program, PO Box 693, Acton, MA 01720 or call 978-263-0131.

Flexible Spending: Town of Acton Tax ID #046-001-062. We are happy to provide a receipt for you for your Flexible Spending Account reimbursement.

Photographs: Please initial if you wish for your child to NOT be included in photographs _____.

Email: Recreation uses email to communicate Recreation information and will not give out your address for other purposes.

Proxy Registrations, Program Confirmation & Disclaimer: A person may submit another's registration form, provided the form is properly completed and signed. The Recreation Department reserves the right to correct mistakes or adjust program fees and activities in this brochure at the time of release by print or internet, and reserves the right to cancel any program due to low enrollment or poor weather.

Release of Liability: The Town of Acton and any other associated groups, their officers, members or associates, appointed or volunteer, do not accept any liability for loss of life or property, personal injury or damage caused or rising out of any activity engaged in during the NARA Summer Camp for any reason whatsoever. I also agree to assume the risks for myself and my child and agree to hold The Town of Acton and its officers, employees and volunteers harmless and free of any liability for damage or injury my child may incur arising from participating in the NARA Summer Camp.

Counselor-in-Training Mandatory Orientation: Wednesday, June 6 from 4-5PM, Acton Town Hall, 2nd Floor, Meeting Room 204.

Counselor-in-Training Mandatory CPR & First Aid Training: Saturday, June 9, Time and Location TBA.

Registrations must be completed in full and signed by parent/guardian. Registrations will not be processed if incomplete.

I acknowledge the above policies and Release of Liability.

Child's Name (Printed): _____

Parent/Guardian Signature: _____

Parent/Guardian Name (Printed): _____ **Date:** _____

Office Use Only:

Total Received \$ _____ Payment Type: Cash MO Visa MC Check # _____

Date Received: _____ By: _____

Camp Session: 1 2 3 4 5 6 7 8 9 10



TOWN OF ACTON RECREATION DEPARTMENT

472 Main Street, Acton, MA 01720

(978) 929-6640

Information: www.acton-ma.gov/camp

Online Registration: www.acton-ma.gov/register



2012 NARA SUMMER CAMP YOUTH REGISTRATION FORM (AGES 6-11)

ATTENDEE INFORMATION (one child per form)

Last:		First:		MI:	
Nickname				Grade in September 2012:	
Birth day (MM/DD/YYYY)				Prior NARA Youth Participant? Yes No	
Please circle: Male or Female					
Allergies					
Special Accommodations					

PARENT/ GUARDIAN INFORMATION

Name(s)			
Mailing Address			
City, State, Zip			
Home Phone		Cell Phone:	
E-mail address			
List anyone authorized who may pick up your child including yourself.			
ID required-- must match designated pick-up			

Free tee shirt included for those registered by Thursday, May 31, 2012. Shirts order will be placed on June 1 based on size noted on form. Pick up your child's shirt the first day they start camp at NARA Park.

youth small youth medium youth large adult small adult medium adult large

Session #	Dates	Session Theme	Session Fee	Pre-Care	Post-Care	Total
1	June 18-June 22	Halloween in June	\$205	\$20	\$60	\$
2	June 25-June 29	Casino Week	\$205	\$20	\$60	\$
3	July 2, 3, 5, 6	Red, White and Blue	\$165	\$16	\$48	\$
4	July 9-July 13	Ocean Explorers	\$205	\$20	\$60	\$
5	July 16-July 20	Pirates Week	\$205	\$20	\$60	\$
6	July 23-July 27	Olympics Week	\$205	\$20	\$60	\$
7	July 30- Aug. 3	Wet & Wild Week	\$205	\$20	\$60	\$
8	Aug. 6-Aug. 10	Survivor Week	\$205	\$20	\$60	\$
9	Aug. 13-Aug. 17	Carnival Week	\$205	\$20	\$60	\$
10	Aug. 20-Aug. 24	Superhero Week	\$205	\$20	\$60	\$

Please note: all snacks, meals and beverages are provided by parent.

Field Trip Fees (optional and age limitations) are not included with registration fees.

Total Paid

\$

This form must also include Parent/Guardian Consent & Acknowledgement Form



TOWN OF ACTON RECREATION DEPARTMENT

472 Main Street, Acton, MA 01720

(978) 929-6640

Information: www.acton-ma.gov/camp

Online Registration: www.acton-ma.gov/register



2012 NARA SUMMER ADVENTURE CAMP REGISTRATION FORM (AGES 12-13)

ATTENDEE INFORMATION (one child per form)

Last:		First:		MI:	
Nickname				Grade in September 2012:	
Birthday (MM/DD/YYYY)				Prior NARA Youth Participant? Yes No	
Please circle: Male or Female					
Allergies					
Special Accommodations					

PARENT/ GUARDIAN INFORMATION

Name(s)			
Mailing Address			
City, State, Zip			
Home Phone		Cell Phone:	
E-mail address			
List anyone authorized who may pick up your child including yourself.			
ID required-- must match designated pick-up			

Free tee shirt included for those registered by Thursday, May 31, 2012. Shirts order will be placed on June 1 based on size noted on form. Pick up your child's shirt the first day they start camp at NARA Park.

youth small youth medium youth large adult small adult medium adult large

Session #	Dates	Session Theme	Session Fee	Pre-Care	Post-Care	Total
1	June 18-June 22	Halloween in June	\$205	\$20	\$60	\$
2	June 25-June 29	Casino Week	\$205	\$20	\$60	\$
3	July 2, 3, 5, 6	Red, White and Blue	\$165	\$16	\$48	\$
4	July 9-July 13	Ocean Explorers	\$205	\$20	\$60	\$
5	July 16-July 20	Pirates Week	\$205	\$20	\$60	\$
6	July 23-July 27	Olympics Week	\$205	\$20	\$60	\$
7	July 30- Aug. 3	Wet & Wild Week	\$205	\$20	\$60	\$
8	Aug. 6-Aug. 10	Survivor Week	\$205	\$20	\$60	\$
9	Aug. 13-Aug. 17	Carnival Week	\$205	\$20	\$60	\$
10	Aug. 20-Aug. 24	Superhero Week	\$205	\$20	\$60	\$

Please note: all snacks, meals and beverages are provided by parent.

Field Trip Fees (optional and age limitations) are not included with registration fees.

Total Paid

\$

This form must also include Parent/Guardian Consent & Acknowledgement Form



TOWN OF ACTON RECREATION DEPARTMENT

472 Main Street, Acton, MA 01720

(978) 929-6640

Information: www.acton-ma.gov/camp

Online Registration: www.acton-ma.gov/register



2012 NARA SUMMER CAMP CIT REGISTRATION FORM (AGES 14 & 15)

ATTENDEE INFORMATION (one child per form)

Last:		First:	MI:
Nickname			Grade in September 2012:
Birthday (MM/DD/YYYY)			Prior NARA Youth Participant? Yes No
Please circle: Male or Female			
Allergies			
Special Accommodations			

PARENT/ GUARDIAN INFORMATION

Name(s)			
Mailing Address			
City, State, Zip			
Home Phone		Cell Phone:	
E-mail address			
List anyone authorized who may pick up your child including yourself. ID required-- must match designated pick-up			

Free tee shirt included for those registered by Thursday, May 31, 2012. Shirts order will be placed on June 1 based on size noted on form. Pick up you child's shirt the first day they start camp at NARA Park.

Please circle your child's size: adult small adult medium adult large

Session #	Dates	Session Theme	Session Fee	Pre-Care	Post-Care	Total
1	June 18-June 22	Halloween in June	\$35	\$20	\$60	\$
2	June 25-June 29	Casino Week	\$35	\$20	\$60	\$
3	July 2, 3, 5, 6	Red, White and Blue	\$28	\$16	\$48	\$
4	July 9-July 13	Ocean Explorers	\$35	\$20	\$60	\$
5	July 16-July 20	Pirates Week	\$35	\$20	\$60	\$
6	July 23-July 27	Olympics Week	\$35	\$20	\$60	\$
7	July 30- Aug. 3	Wet & Wild Week	\$35	\$20	\$60	\$
8	Aug. 6-Aug. 10	Survivor Week	\$35	\$20	\$60	\$
9	Aug. 13-Aug. 17	Carnival Week	\$35	\$20	\$60	\$
10	Aug. 20-Aug. 24	Superhero Week	\$35	\$20	\$60	\$
Mandatory pre-season training fee to participate in program						\$35.00
Please note: all snacks, meals and beverages are provided by parent. Field Trip Fees (optional and age limitations) are not included with registration fees.						Total Paid \$

This form must also include Parent/Guardian Consent & Acknowledgement Form

RECREATION PROGRAM OFFERINGS

YOUTH PROGRAMS

PARENT AND TOT NATURE HIKES

Join in on the fun with other parents and small children hiking the conservation areas in Acton during the most beautiful season of all. This class is geared for **parents and young children** to experience the joint venture of nature and new friends. This class is designed for **Parents and their children, from newborns and up**. Small infants can be brought in snugly packs or in an infant back carrier. This hike will be adaptable for young children. We will be stopping for a parent provided snack during our hike. **Min/Max: 4/10**



Program-Session #	Age Group	Day	Dates	Time	Location	Session Fee	Instructor
201- 1	Infants-adults	Mondays	April 30 May 7, 14, 21, 28 Rain Make-up: June 4	10:45-12:00 PM	First class meets at the Acton Arboretum Taylor Road	\$18 per adult, children free	Cathy Fochtman

EARLY CHILDHOOD STRUCTURED PLAYGROUP

Welcome to a little bit of paradise in the heart of Acton Center! What a great way to spend quality time with your young child along with other parents. Our special outing time will include games, art projects, storytime, and exploring the beautiful grounds. We'll also have a special snack time (parent provided). **Min/Max: 4/10**



Program-Session #	Age Group	Day	Dates	Time	Location	Session Fee	Instructor
202- 1	Children 2-5 with adult	Tuesdays	May 1, 8, 15, 22, 29 Rain Make-up: June 5	9:30-10:30 AM	Acton Arboretum Taylor Road	\$10 per adult, children free	Melissa Settipani
202- 2	Children 2-5 with adult	Wednesdays	May 2, 9, 16, 23, 30 Rain Make-up: June 6	3:30-4:30 PM	Acton Arboretum Taylor Road	\$10 per adult, children free	Melissa Settipani



I-SPY JUNIOR EXPLORERS

Fun for all **ages 3-5** as they explore various areas including nature walks, water exploration, plants, animals and fun activities. We'll supply the magnifying glass and nets for exciting exploration! **Min/Max: 4/10 (children)**

Program-Session #	Age Group	Day	Dates	Time	Location	Session Fee	Instructor
203- 1	3-5 with parent	Thursdays	April 26 May 3, 10, 17, 24 Rain Make-up: May 31	9:30-10:30 AM	1 st Class: NARA Park Amphitheater	\$18 per child	Cathy Fochtman

dcr Department of Conservation and Recreation

"Use Nature as Your Guide"

MA State Park Pass – Acton Recreation now has a pass that can be signed out.

We encourage residents to experience the wonders of nature and the exhilaration of outdoor recreation at Department of Conservation & Recreation's outstanding parks. Acton Recreation has received one free parking pass that can be signed out and used at any of the 50+ facilities in the Massachusetts State Parks system that charge a day-use parking fee. (Quabbin Reservoir is excluded). www.mass.gov/dcr

Save the parking fee of \$2-\$9 between Memorial Day and Columbus Day.

FIRSTPLAY SPORTS TEAMS UP WITH ACTON RECREATION

Coaching Kids for a Fun Experience!

FirstPlay Sports and FirstPlay Tennis were founded in 1997, based on a simple concept: offer a well organized, comprehensive array of turnkey tennis and sports clinics, camps and lessons – by employing knowledgeable, energetic coaches, and focusing on helping children have fun while they learn what sports are all about.



FirstPlay has joined forces with USTA Middle States and USTA Eastern to grow the sport of tennis in communities.

Over the years, FirstPlay has partnered with over 100 municipalities and schools and has coached literally thousands of young people throughout year-round programs. Along the way, they've provided each participant with fun, highly positive exposure to sports including these programs we are offering: tennis, T-Ball, flag football and multisport programs. FirstPlay Sports goes to great lengths to select, train, and certify their coaches, who work individually with participants to teach, encourage and challenge. FirstPlay is honored by the trust communities have placed in them, and feel privileged to serve and to work with the kids under their care.

Their programs are specially designed to create fun experiences for beginner and intermediate athletes between 3 and 13 years old. Curriculums, drills, games and equipment are designed based on the size and skill level of each age group. Small participant-to-coach ratios, a safety-first attitude and fun-centered focus create the perfect environment to explore the world of sports. Our quality coaches are fully trained, knowledgeable and passionate about sports. They also regard their roles as children's coaches as a calling – and a rare privilege.

SPRINGTIME KIDDIE T-BALL



FirstPlay Sports Kiddie T-ball program introduces the basic skills of t-ball to your young player in preparation for participation in organized t-ball or baseball. Age-appropriate games and drills will focus on batting, catching, base running, throwing, teamwork, sportsmanship and will greatly contribute to each participant's success and comfort level for future league play. **Please send your player with a mitt and something to drink!** All players will receive a merit reward. www.firstplaysports.com **Min/Max:** 6/16

Program-Session #	Age Group	Day	Dates	Time	Location	Session Fee	Instructor
204- 1	3-4	Sundays	April 29, May 6, 13, 20, June 3 Rain Make-up: June 10, 17	10:00-10:55 AM	NARA Park Ball Field	\$83	FirstPlay Sports
204- 2	5-6	Sundays	April 29, May 6, 13, 20, June 3 Rain Make-up: June 10, 17	11:00-11:55 AM	NARA Park Ball Field	\$83	FirstPlay Sports

MULTISPORT



The Fun, Welcoming Entry to Playing Sports--Looking for the perfect way to introduce your child to the world of sports? Look no further!

FirstPlay Sports PowerSprouts Program was developed specifically for children between the ages of 3 and 9 and focuses on safety, fun and beginning instruction. PowerSprouts Multi-Sport programs allow children to explore sports like soccer, basketball and soccer in a safe, fun and non-competitive environment.

For most kids, this will be their first experience with sports, so we focus on safety, motor skills and hand-eye coordination. We want your kids to love the experience of playing sports, make new friends and enjoy being a part of a team!

We also provide reinforcement end of session merit awards for everyone. www.firstplaysports.com **Min/Max:** 6/16

Program-Session #	Age Group	Day	Dates	Time	Location	Session Fee	Instructor
205-1	3-4	Saturdays	April 28, May 5, 12, 19, June 2 Rain Make-up: June 9, 16	10:00-10:55 AM	Robbins Mill Recreation Area	\$83	FirstPlay Staff
205-2	5-6	Saturdays	April 28, May 5, 12, 19, June 2 Rain Make-up: June 9, 16	11:00-11:55 AM	Robbins Mill Recreation Area	\$83	FirstPlay Staff
205-3	7-9	Saturdays	April 28, May 5, 12, 19, June 2 Rain Make-up: June 9, 16	12:00-12:55 PM	Robbins Mill Recreation Area	\$83	FirstPlay Staff

FLAG FOOTBALL



A fun way for boys and girls to learn the game! Every NFL player had to start small and learn the fundamentals. Flag football lets your child learn the rules and basic skills of the game in a safe, fun environment. Boys and girls will have a great time learning to catch, throw, and run with the football and will soon move on to learn patterns and plays for both offense and defense. After teaching our young athletes the technical aspects of the sport through dynamic drills and fun group games we then help them apply what they have learned through real games. Along the way, they will learn a lot about teamwork, sportsmanship, and fun. Each participant will receive a merit award! www.firstplaysports.com Min/Max: 6/16

Program-Session #	Age Group	Day	Dates	Time	Location	Session Fee	Instructor
206-1	5-7	Sundays	April 29, May 6, 13, 20, June 3 Rain Make-up: June 10, 17	12:00-12:55 PM	NARA Park Upper Field	\$83	FirstPlay Staff
206-2	8-12	Sundays	April 29, May 6, 13, 20, June 3 Rain Make-up: June 10, 17	1:00-1:55 PM	NARA Park Upper Field	\$83	FirstPlay Staff

POWERSPROUTS QUICKSTART TENNIS



Tennis can be a challenging sport to learn for a person of any age, but to a small child, it can truly be daunting. There's this tiny ball to focus on and a huge court to master. It could be quite a turnoff to a child because it may all seem quite overwhelming, and getting that little ball all the way over that net to the other side can seem like an impossible task. PowerSprouts Quick Start Tennis Program allows a child to engage fully in tennis and have some success much more quickly than traditional lessons on a full court. This format will help to foster a lifelong love for the game of tennis—not to mention, PowerSprouts is fun!

This program will focus on safety, motor skills and hand-eye coordination, with fun games like alligator, red light/green light and more, plus tons of positive reinforcement and age-appropriate awards! **Please send your player with a racket and something to drink.** All other equipment will be provided by the instructors. Each participant will receive a merit award!

FirstPlay Tennis has joined forces with USTA Middle States and USTA Eastern to grow the sport of tennis in communities.

www.firstplaysports.com Min/Max: 6/16

Program-Session #	Age Group	Day	Dates	Time	Location	Session Fee	Instructor
207-1	3-6	Saturdays	April 28, May 5, 12, 19, June 2 Rain Make-up: June 9, 16	1:00-1:55 PM	Elm Street Tennis Courts	\$125	FirstPlay Staff

QUICKSTART TENNIS LESSONS



Quickstart's Tennis follows the same logic as other youth sports like baseball or soccer, which use kid-sized courts and kid-sized equipment. Kids learn to play baseball by first playing T-ball; they use shorter, lighter bats and larger, softer balls. Kids learning basketball shoot baskets with kid-sized balls on lowered backboards and they play soccer on smaller fields with smaller goals. Now with 10 and Under Tennis, balls bounce lower, don't move as fast through the air and are easier to hit. Racquets are sized for small hands and courts are smaller and easier to cover. By using this format, the benefits are immediate and within a short time kids are rallying, playing, and excited to keep playing. That means kids will have more fun and less frustration. They're playing real tennis and having real fun—and that's what is most important.

FirstPlay Tennis has joined forces with USTA Middle States and USTA Eastern to grow the sport of tennis in communities.

www.firstplaysports.com Min/Max: 6/16

Program-Session #	Age Group	Day	Dates	Time	Location	Session Fee	Instructor
208-1	7-9	Saturdays	April 28, May 5, 12, 19, June 2 Rain Make-up: June 9, 16	10:00 -10:55 AM	Elm Street Tennis Courts	\$125	FirstPlay Staff
208-2	7-9	Saturdays	April 28, May 5, 12, 19, June 2 Rain Make-up: June 9, 16	12:00-12:55 AM	Elm Street Tennis Courts	\$125	FirstPlay Staff

JUNIOR TENNIS LESSONS OUTDOORS



Game, Set, Match! Participants acquire valuable attitudes toward exercise, sharing, teamwork and pride in accomplishment. FirstPlay Tennis provides tennis instruction for children ages 3 and up. Since they started providing these programs in 1997, FirstPlay has earned a reputation for employing only the most competent and enthusiastic instructors. This spring, FirstPlay Tennis is continuing partnering with the Acton Recreation Department to offer outdoor youth tennis lessons. Learn the basics or improve your skills! Grips, footwork, groundstrokes, volleys, and tons of age-appropriate tennis games will be played! **Please send your player with a racket and something to drink.** All other equipment will be provided by the instructors. Each participant will receive a FirstPlay merit award!

FirstPlay Tennis has joined forces with USTA Middle States and USTA Eastern to grow the sport of tennis in communities.

www.firstplaysports.com Min/Max: 6/16

Program-Session #	Age Group	Day	Dates	Time	Location	Session Fee	Instructor
209-1	10-13	Saturdays	April 28, May 5, 12, 19, June 2 Rain Make-up: June 9, 16	11:00-11:55 AM	Elm Street Tennis Courts	\$125	FirstPlay Staff

SUMMER TENNIS CLINIC



Game, Set, Match! Participants acquire valuable attitudes toward exercise, sharing, teamwork and pride in accomplishment. FirstPlay Tennis provides tennis instruction for children ages 3 and up. Since they started providing these programs in 1997, FirstPlay has earned a reputation for employing only the most competent and enthusiastic instructors. This spring, FirstPlay Tennis is continuing partnering with the Acton Recreation Department to offer outdoor youth tennis lessons. Learn the basics or improve your skills! Grips, footwork, groundstrokes, volleys, and tons of age-appropriate tennis games will be played! **Please send your player with a racket and something to drink.** All other equipment will be provided by the instructors. Each participant will receive a merit award! Please provide your child with a drink and light snack.

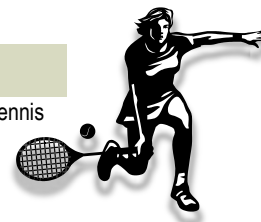
FirstPlay Tennis has joined forces with USTA Middle States and USTA Eastern to grow the sport of tennis in communities.

www.firstplaysports.com Min/Max: 6/16

Program-Session #	Age Group	Day	Dates	Time	Location	Session Fee	Instructor
210-1	7-13	M-T-W-Th	July 9, 10, 11, 12 Rain Make-up: July 13	8:00-11:30 AM	Elm Street Tennis Courts	\$175	FirstPlay Staff
210-2	7-13	M-T-W-Th	August 6, 7, 8, 9 Rain Make-up: Aug. 10	8:00-11:30 AM	Elm Street Tennis Courts	\$175	FirstPlay Staff

SPRING BREAK INDOOR TENNIS PROGRAM

Offered through All Seasons Tennis, it's a spring break tennis program for you. These dynamic tennis instructors offer a rewarding tennis experience for players of all ages from pee wee to senior, and all playing levels. All Seasons Tennis provides top level instruction with an experienced group of USPTA and USPTR qualified teaching professionals that represent one of the best tennis staffs in the region. www.allseasonstennisclub.com Min/Max: 3/16



Program-Session #	Age Group	Day	Dates	Time	Location	Session Fee	Instructor
211-1	8-14 Beginner to Intermediate	Tuesday	April 17	9:00-12:00 PM	10 Granite Road	\$68	All Seasons Tennis Pro
211-2	8-14 Beginner to Intermediate	Wednesday	April 18	9:00-12:00 PM	10 Granite Road	\$68	All Seasons Tennis Pro
211-3	8-14 Beginner to Intermediate	Thursday	April 19	9:00-12:00 PM	10 Granite Road	\$68	All Seasons Tennis Pro
211-4	8-14 Beginner to Intermediate	Friday	April 20	9:00-12:00 PM	10 Granite Road	\$68	All Seasons Tennis Pro
211-5	8-14 Beginner to Intermediate	T-W-Th-F	April 17, 18 19, 20	9:00-12:00 PM	10 Granite Road	\$232	All Seasons Tennis Pro

INDOOR TENNIS FOR YOUTH

All Seasons Tennis Club offers a rewarding, year-round, complete tennis experience for players of all ages from pee wee to senior, and all playing levels. Their tennis club provides top level instruction with an experienced group of USPTA and USPTR qualified teaching professionals that represent one of the best tennis staffs in the region. All Seasons also offers competitive and social tennis, including a range of junior tennis programs. Stop by to visit their newly resurfaced US Open Blue Courts and fitness facility. Whether you are a beginner, intermediate, or experienced tennis player, ASTC has something to offer you. The facility's six indoor courts are painted U.S. Open blue to enhance every player's experience.

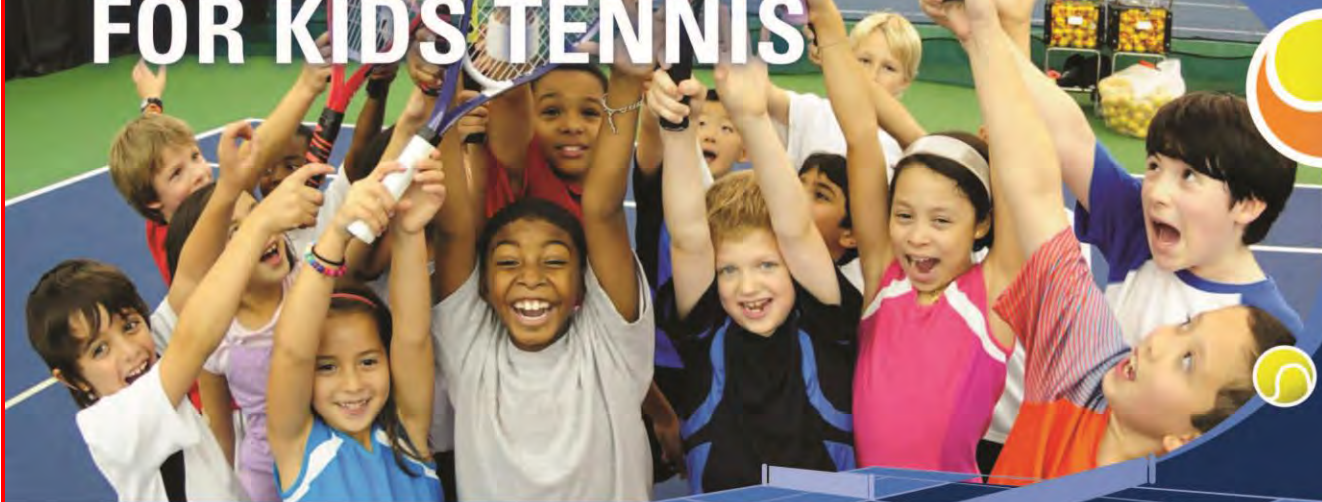
www.allseasonstennisclub.com Min/Max: 3/6

Program-Session #	Age Group	Day	Dates	Time	Location	Session Fee	Instructor
212-1	5-7 Quick Start Jr. Clinic	Thursdays	Mar 15, 22, 29 April 5, 12, 19, 26 May 3	1:30-2:30 PM	10 Granite Road	\$136	All Seasons Tennis Pro
212-2	8 & up Adv. Beginner Jr. Clinic	Thursdays	Mar 15, 22, 29 April 5, 12, 19, 26 May 3	2:30-3:30 PM	10 Granite Road	\$136	All Seasons Tennis Pro
212-3	5-7 Quick Start Jr. Clinic	Thursdays	May 10, 17, 24, 31 June 7, 14, 21, 28	1:30-2:30 PM	10 Granite Road	\$136	All Seasons Tennis Pro
212-4	8 & up Adv. Beginner Jr. Clinic	Thursdays	May 10, 17, 24, 31 June 7, 14, 21, 28	2:30-3:30 PM	10 Granite Road	\$136	All Seasons Tennis Pro

REGISTER EARLY! Nothing stops a program faster than everyone waiting until the last minute to register for it! As some point, we have to determine if our enrollment is sufficient to hold the class. If you are planning on signing up the first day of class, we don't know that. We may cancel, and you'll be out of luck. Don't assume, Register Early!

THE RULES HAVE CHANGED!

IT'S A WHOLE NEW BALL GAME FOR KIDS TENNIS



10 and Under Tennis, using the QuickStart Tennis play format, is designed around the same concepts as Little League Baseball and other youth sports that are sized right for kids.

In a decision that will fundamentally change the future landscape of tennis in the United States, the USTA has required that all 10 and Under Tennis tournaments be played using a new combination, including the following:

- 🟡 **Smaller courts**
- 🟡 **Lighter and lower-bouncing balls**
- 🟡 **Smaller and lighter racquets adjusted to a child's size**

This new play format designed for kids 10 and under makes it easier for kids to pick up a racquet and have fun right away – even if they've never played before. Now that's something to make a racquet about.

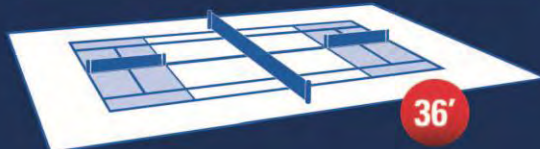


For more information visit
10andUnderTennis.com



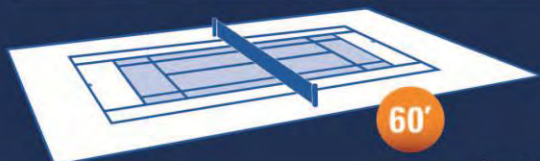
Kids 8 and Under

Court Size	Racquet	Ball	Net Height
36' x 18'	up to 23"	A red foam or red low compression felt ball moves slower, bounces lower and travels less distance.	2' 9"



Kids 10 and Under

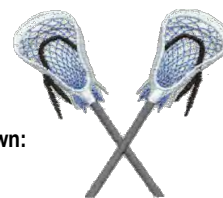
Court Size	Racquet	Ball	Net Height
60' x 21' singles 60' x 27' doubles	up to 25"	An orange low compression felt ball moves a little faster and travels farther but still has a lower bounce than the standard yellow ball.	3'



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GIRLS LACROSSE CLINIC

This lacrosse clinic strives to create an environment that emphasizes fun while developing basic skills in the game of lacrosse. It will promote leadership on and off the field as well as good sportsmanship. The girls will learn the basics of how to cradle a ball, catching and throwing, shooting, ground balls, and checking. No experience necessary. **All participants will need to bring their own: lacrosse stick, face mask or goggles, mouth-guard, water bottle and cleats (or sneakers).** Min/Max: 8/21

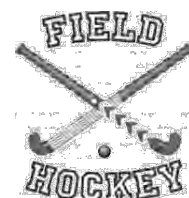


Program-Session #	Age Group	Day	Dates	Time	Location	Session Fee	Instructor
213-1	8-12	Thursdays	May 3, 10, 17, 24, 31 Weather Make-up: June 7	3:30-4:30 PM	Robbins Mill Recreation Area	\$25	Melissa Settipani

Acton is passionate about Field Hockey and we are too!

FIELD HOCKEY FOR BEGINNERS / INTRO CLINIC

Girls will learn to play one of the fastest growing sports from one of the area's best coaches, Lynda Lareau. This clinic will have players go through a series of drills and instruction during the first part of the class and then split into teams for scrimmages. Each class will consist of 35 minutes of introductory skills and drills and 30 minutes of game time. **Min/Max: 16/24**



Program-Session #	Age Group	Day	Dates	Time	Location	Session Fee	Instructor
214-1	Gr. 3-5	Wednesdays	April 25, May 2, 9, 16, 23, 30 Weather Make-up: June 6	3:15-4:20 PM	Elm Street Field	\$65	Lynda Lareau

FIELD HOCKEY SKILLS & DRILLS

Here is a great opportunity for girls to enhance their field hockey play with eye hand coordination, balance, quickness, agility, stick skills, ball possession, accuracy, timing, overall individual skills. You don't have to be advanced for this clinic as the class will be broken down by abilities and not by age. Each class will consist of 40 minutes of skills and drills and 30 minutes of game time. **Min/Max: 16/24**

Program-Session #	Age Group	Day	Dates	Time	Location	Session Fee	Instructor
215-1	Gr. 6-8	Wednesdays	April 25, May 2, 9, 16, 23, 30 Weather Make-up: June 6	4:20-5:30 PM	Elm Street Field	\$65	Lynda Lareau

FIELD HOCKEY PLAY

This is a field hockey program where you get together with other experienced players and "just play." The focus is to allow participants an opportunity to play the game of field hockey in the summer so you're ready for the upcoming season. All participants must be entering grades 9-12 in September. **NOTE:** For participant's safety, mouth guards and shin guards are required for participation. All participants must bring a filled water bottle, stick and ball. **Min: 15**

Program-Session #	Age Group	Day	Dates	Time	Location	Session Fee	Instructor
216-1	Gr. 9-12	M, T, W, Th	July 16, 17, 18, 19 Weather Make-up: July 20	8:00-10:00 AM	Leary Field, ABRHS	\$55	Lynda Lareau

WHAT IS THE MIRACLE LEAGUE?



The Miracle League of Massachusetts became incorporated on February 24, 2009 in the state of Massachusetts. We are a 501(c)(3) organization.

In 2008, we played our games under the name of the Miracle League of Boston. We changed our name to the Miracle League of Massachusetts in 2009 to be more indicative of our players and location.

The Miracle League is a national organization with over 200 leagues across the country. They provide the plans for building a field and ideas for gaining community support. However, they provide no funding whatsoever for the ongoing operations of the league or for the construction and maintenance of the Miracle Field.



Presently there are 240 Miracle League Organizations across the country including Puerto Rico, Canada and our newest member in Australia. The Miracle League is proud to serve over 200,000 children and young adults with disabilities.

Our goal is to offer this program to every city in the country so children, young adults and adults alike with special needs around the globe will have this same opportunity to play baseball. The Miracle League believes; "Every Child Deserves A Chance to Play Baseball."

For more information visit: www.miracleleagueofma.com or email: miracleleagueofma@yahoo.com

If you would like to donate towards Acton's Miracle Field to be built at NARA Park, please send a check to: Miracle League of Massachusetts, PO Box 524, Acton, MA 01720



All New Programs!

F.A.S.T. Athletics LLC was created by three former athletes and teammates who all found one common interest in their lives: their passion for coaching. Dave, Andrew, and Aaron, are the active owners and have been coaching for nearly 10 years.

F.A.S.T. Athletics offers top-notch athletic programs for children of all ages. The programs are for all skill levels where everyone is encouraged as well as motivated to be the best they can be. Our mission is to bring an increase of confidence, aerobic activity, a greater sense of TEAMWORK and SPORTSMANSHIP, but most importantly improvement of overall fitness. **We firmly believe that Fitness, Agility, Skills, and Teamwork are four key elements of embracing a healthy lifestyle.**

PRE-K SATURDAY MORNING T-BALL

Let's take a walk through the fundamentals of America's favorite pastime. The children will learn the basic skills in fielding, throwing, hitting, and base running. In addition, they will play games such as home run derby, last one standing, and running bases. This is an easy introduction into t-ball where learning and skill development are our priorities. **Min: 10**



Program-Session #	Age Group	Day	Dates	Time	Location	Session Fee	Instructor
217-1	3-4	Saturdays	April 28, May 5, 12, 19, June 2, 9, 16 Weather Make-up: June 23	9:00-9:55 AM	NARA Softball Field	\$87	F.A.S.T. Staff
217-2	5-6	Saturdays	April 28, May 5, 12, 19, June 2, 9, 16 Weather Make-up: June 23	10:00-10:55 AM	NARA Softball Field	\$87	F.A.S.T. Staff
217-3	3-5	Saturdays	April 28, May 5, 12, 19, June 2, 9, 16 Weather Make-up: June 23	11:00-11:55 AM	NARA Softball Field	\$87	F.A.S.T. Staff

PRE-K SATURDAY MORNING MINI SPORT

This program is a combination of warm-up games and sports such as soccer, kickball, wacky ball and basketball. It will ease children into learning the basics of all these great games as well as teaching them the importance of team work! Each class F.A.S.T. Athletics will have new and exciting games planned for the students. **Min: 10**



Program-Session #	Age Group	Day	Dates	Time	Location	Session Fee	Instructor
218-1	5-6	Saturdays	July 14, 21, 28, Aug. 4, 11, 18 Weather Make-up: Aug. 25	9:00-9:55 AM	Robbins Mill Recreation Area	\$78	F.A.S.T. Staff
218-2	2.5-3.5	Saturdays	July 14, 21, 28, Aug. 4, 11, 18 Weather Make-up: Aug. 25	10:00-10:55 AM	Robbins Mill Recreation Area	\$78	F.A.S.T. Staff
218-3	3.5-5	Saturdays	July 14, 21, 28, Aug. 4, 11, 18 Weather Make-up: Aug. 25	11:00-11:55 AM	Robbins Mill Recreation Area	\$78	F.A.S.T. Staff

STREET HOCKEY

Hockey season is over, what to do? Come join F.A.S.T. Athletics for some street hockey fun. Fundamentals of hockey will be taught along with good sportsmanship and rules. After the instructional period is over, each day will end with a good old fashion street hockey game. **Min: 10**



Program-Session #	Age Group	Day	Dates	Time	Location	Session Fee	Instructor
219-1	7-12	Saturdays	May 5, 12, 19, June 2, 9, 16, 23 Weather Make-up: June 30	9:00-10:00 AM	NARA Park Beach Parking Lot	\$87	F.A.S.T. Staff
219-2	7-12	Saturdays	July 14, 21, 28, Aug. 4, 11, 18 Weather Make-up: Aug. 25	9:00-10:00 AM	NARA Park Beach Parking Lot	\$78	F.A.S.T. Staff

TRACK & FIELD CLINIC

Come join the experienced track and field staff of F.A.S.T. Athletics for this new and exciting program. This program will put emphasis on proper stretching, hydration, and running techniques while running various track and field events such as: relays, long jump, triple jump, race walking and sprints to name a few!!! Participants should bring water bottle and snack. **Min:** 10



Program-Session #	Age Group	Day	Dates	Time	Location	Session Fee	Instructor
220-1	7-13	M-T-W-Th	July 9, 10, 11, 12 Weather Make-up: July 13	8:00-11:00 AM	Leary Field, ABRHS	\$93	F.A.S.T. Staff
220-2	7-13	M-T-W-Th	July 23, 24, 25, 26 Weather Make-up: July 27	8:00-11:00 AM	Leary Field, ABRHS	\$93	F.A.S.T. Staff
220-3	7-13	M-T-W-Th	Aug. 6, 7, 8, 9 Weather Make-up: Aug. 10	8:00-11:00 AM	Leary Field, ABRHS	\$93	F.A.S.T. Staff



PILO POLO

This fast paced game is very similar to hockey. After a quick introduction to the game, the students will have the opportunity to release all their energy in a 3 period game/competition. This program will allow the students a chance to learn an exciting game in a fun and safe environment. Participants should bring a water bottle. **Min:** 10



Program-Session #	Age Group	Day	Dates	Time	Location	Session Fee	Instructor
221-1	7-9	Sundays	May 6, 13, 20, 27, June 3, 10, 17 Weather Make-up: June 24	10:00-11:00 AM	Robbins Mill Recreation Area	\$87	F.A.S.T. Staff
221-2	10-13	Sundays	May 6, 13, 20, 27, June 3, 10, 17 Weather Make-up: June 24	9:00-10:00 AM	Robbins Mill Recreation Area	\$87	F.A.S.T. Staff

DODGEBALL



The most intense and exciting program you have ever seen. The students will learn how to work together, strategize and exercise without even knowing it! There are tons of creative and competitive dodgeball games incorporated into this program – there will never be a dull moment!!! Gatorskin dodgeballs will be used which are proven to be the safest dodgeballs out there! Safety rules and regulations will be enforced before each class. Participants should bring a water bottle. **Min:** 10



Program-Session #	Age Group	Day	Dates	Time	Location	Session Fee	Instructor
222-1	8-12	Mondays	April 23,30, May 7, 14, 21, Jun 4 Weather Make-up: Jun 11, 18	4:00-5:00 PM	Elm Street Tennis Courts	\$75	F.A.S.T. Staff

ULTIMATE SPORTS

If you are getting tired of playing the same old sports everyday, this is definitely the program for you. The non-traditional style of games/competitions will keep all participants on their toes learning new games as they get further into this program. Have you ever heard of Fort Knox? Or Ultimate Frisbee? What about Army Dodgeball? Get together with F.A.S.T. Athletics and see what all the hype is about!!! This unique program will also put emphasis on physical fitness, proper stretching techniques and team work. Participants should bring a water bottle. **Min:** 10



Program-Session #	Age Group	Day	Dates	Time	Location	Session Fee	Instructor
223-1	7-13	Thursdays	April 26, May 3, 10, 17, 24, June 7 Weather Make-up: June 14, 21	4:00-5:00 PM	Elm Street Field & Courts	\$89	F.A.S.T. Staff
223-2	7-13	Saturdays	June 23, 30, July 14, 21, 28, Aug. 4, 11, 18 Weather Make-up: Aug. 25, Sept. 1	8:45-9:45 AM	Elm Street Field & Courts	\$89	F.A.S.T. Staff

Meet Recreation Department Instructor: Melissa Settiani has been working with children of all ages in the educational and recreational fields for over 12 years. She's certified by the state to teach infants, toddlers, and preschool aged children, and also holds current certifications in CPR and First Aid. She received her Bachelor's Degree from Bridgewater State University in Communications, and her Master's Degree from Springfield College in Recreation Management. Melissa has experience working at many summer camps, coaching soccer and lacrosse for all levels, and teaching at various childcare centers throughout the state. She came on board with the Acton Recreation Department in the spring of 2011 and absolutely loves teaching and coaching kids through our programs!

Save time and register online! www.acton-ma.gov/register

SUPER SPORTS PROGRAM



Get up, get going, get active with a F.A.S.T. Athletics Super Sports Program. F.A.S.T. Athletics will offer a variety of sports each week such as: Soccer, Basketball, Flag Football, Baseball, and Kickball. Programs will include proper stretching and warm-up games as well as learning basic skills of each sport, each class will end with a high energy game with the sport played that day.

Min: 10

Program-Session #	Age Group	Day	Dates	Time	Location	Session Fee	Instructor
224-1	5-7	Sundays	April 29, May 6, 13, 20, June 3, 10, 17 Weather Make-up: June 24	11:00-12:00 PM	Robbins Mill Recreation Area	\$87	F.A.S.T. Staff
224-2	8-12	Sundays	April 29, May 6, 13, 20, June 3, 10, 17 Weather Make-up: June 24	12:00-1:00 PM	Robbins Mill Recreation Area	\$87	F.A.S.T. Staff
224-3	5-7	Sundays	July 15, 22, 29, Aug. 5, 12, 19 Weather Make-up: Aug. 26	10:00-11:00 AM	Robbins Mill Recreation Area	\$78	F.A.S.T. Staff
224-4	8-12	Sundays	July 15, 22, 29, Aug. 5, 12, 19 Weather Make-up: Aug. 26	9:00-10:00 AM	Robbins Mill Recreation Area	\$78	F.A.S.T. Staff

VOLLEYBALL



Our Volleyball program will teach the basics of the game such as serving, passing, setting and hitting through various fun and exciting games. The programs are geared towards any skill level and it is specifically designed to maximize your playing potential. **Min:** 10

Program-Session #	Age Group	Day	Dates	Time	Location	Session Fee	Instructor
225-1	7-10	Tuesdays	May 15, 22, 29, June 5, 12, 19 Weather Make-up: June 26	4:00-4:55 PM	NARA Park Volleyball Courts	\$78	F.A.S.T. Staff
225-2	11-13	Tuesdays	May 15, 22, 29, June 5, 12, 19 Weather Make-up: June 26	5:00-5:55 PM	NARA Park Volleyball Courts	\$78	F.A.S.T. Staff
225-3	14-17	Tuesdays	May 15, 22, 29, June 5, 12, 19 Weather Make-up: June 26	6:00-6:55 PM	NARA Park Volleyball Courts	\$78	F.A.S.T. Staff

SPRING KIDDIE SOCCER CLINIC

This clinic will emphasize fun while developing the basic skills of soccer. We will play a variety of fun-filled soccer games to introduce these young players to the game! Age appropriate equipment will be used. Please send your player with something to drink, shin guards, size 3 or 4 soccer ball, and cleats or sneakers. **Min/Max:** 6/14



Program-Session #	Age Group	Day	Dates	Time	Location	Session Fee	Instructor
226-1	3-4	Mondays	May 7, 15, 21, 28, June 4 Rain Make-up: June 11	3:30-4:30 PM	Robbins Mill Recreation Area	\$40	Melissa Settiani
226-2	5-6	Fridays	May 4, 11, 18, 25, June 1 Rain Make-up: June 8	3:30-4:30 PM	Robbins Mill Recreation Area	\$40	Melissa Settiani

NE WOLFPAC BASEBALL CLINIC

This weeklong clinic is run by Baseball Coach, Steve Donovan. This clinic is open to boys and girls ages 8-12 who are interested in improving their baseball skills and having fun. Learn the fundamentals and techniques of throwing, catching, pitching, fielding and hitting. Positioning and game play will also be covered. The instruction is individualized so that all abilities are welcome. Participants should bring their baseball glove, wear sneakers or cleats and bring a baseball bat, if desired. Participants should bring a bag lunch, snack and drink in a cooler. The clinic will be held regardless of weather.



Coach Donovan who is the former ABRHS, Littleton HS, and Merrimack College coach has been running baseball camps and clinics in local communities since 1984. Coach Donovan presently coaches Westford Academy JV, AAU NE Wolfpac, AAU NE Firebirds and is an instructor at the AtBats Indoor Baseball Center Training Facility. **Min/Max:** 20/50 **Register by:** Friday, July 27th

Program-Session #	Age Group	Days	Dates	Time	Location	Session Fee	Instructor
227-1	8-12	Monday-Friday	August 6 -10	9:00 AM-3:00 PM	Veteran's Field Rt. 2A/119	\$197	Coach Steve Donovan



Home of the Massachusetts State Gymnastics Champions!

The Gymnastics Academy of Boston offers a full range of gymnastics and sport-related programs for all levels of ability and interest. Their coaches are experienced, caring, enthusiastic and qualified. If you have a child from age 1 through high school, we offer a great assortment of programs, and it doesn't stop there—they offer adult gymnastics too. Program offering also include: tumbling, cheerleading and wrestling programs. We look forward to helping your child grow in confidence, responsibility and physical fitness through the sport of gymnastics.

www.gymnasticacademyofboston.com

"Our goal is to provide a gymnastic program that teaches children that learning is fun and a challenge. We offer fantastic programs, taught by our enthusiastic, caring instructors, for children ages 1 to 18. Our fun, safe nurturing environment develops happy, healthy and responsible children." - Bob and Nancy Ferraro, Founders

TUMBLING FOR CHEER!

Need to learn that backhandspring for cheerleading? We offer tumbling classes for cheerleaders or anyone else with a desire to learn tumbling and trampoline skills. www.gymnasticacademyofboston.com Min/Max: 2/6

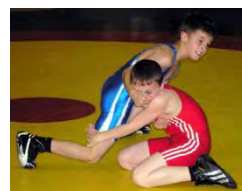


Program-Session #	Age Group	Day	Dates	Time	Location	Session Fee	Instructor
228-1	8-16	Thursdays	April 12 – June 14	5:00 – 6:00 PM	12 Keefe Rd., Acton	\$220	GAB Staff

THE ACADEMY WRESTLING PROGRAM

THIS INNOVATIVE AND ACTIVE PROGRAM FOR BOYS IS SURE TO BE A HIT WITH YOUR CHILD.

The Academy Wrestling class is for both boys without wrestling experience and competitive wrestlers alike. Skills will be taught at a basic level for younger or newer wrestlers as new variations and set-ups will also be introduced for skilled veterans. The wrestlers will be warmed up, taught wrestling skills and maneuvers, and given the opportunity to use them in each class with live wrestling opportunities. www.gymnasticacademyofboston.com Min/Max: 2/6



Some of the skills that will be taught are:

- Take downs (single and double leg)
- Escapes and reversals
- Turns and pins
- Multiple move combinations

Program-Session #	Age Group	Day	Dates	Time	Location	Session Fee	Instructor
229-1	5-12	Tuesdays	April 10 – June 12	3:30-4:30 PM	12 Keefe Rd., Acton	\$220	Eric Loizeaux
229-2	5-12	Fridays	April 13 – June 15	4:45-5:45 PM	12 Keefe Rd., Acton	\$220	Eric Loizeaux

BREAKERS DANCE CLASS FOR BOYS

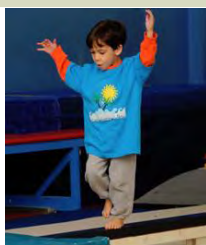
Breakers is a 45-minute dance class for boys, providing a blend of high-energy, "Street Style" movements such as break dancing and hip-hop, to a variety of current music styles. www.gymnasticacademyofboston.com Min/Max: 2/6



Program-Session #	Age Group	Day	Dates	Time	Location	Session Fee	Instructor
230-1	3-5	Wednesdays	April 11 – June 13	1:45-2:30 PM	12 Keefe Rd., Acton	\$199	Kellcie Teel
230-2	3-5	Fridays	April 13 – June 15	10:55-11:40 AM	12 Keefe Rd., Acton	\$199	Kellcie Teel
230-3	3-5	Saturdays (Co-ed Hip Hop)	April 14 - June 16	9:45-10:30 AM	12 Keefe Rd., Acton	\$199	Kellcie Teel

Fitness Pumps Up Your Heart

GYMNASTICS FOR PRESCHOOLERS!



Class Ages 1-2 & 2-3 yrs, Child & Adult; These classes are designed for you and your child to work together and create a new special bond. Activities include FUN obstacle courses, RUN on our 40 ft long Tumble Track, JUMP on our trampolines, PLAY in our giant Foam Pit.

Class Ages 3-5 yrs; Do you have a preschooler who is full of energy, running, jumping and swinging all over the house? Then come and join us TODAY! In our classes each child will develop the basic skills of gymnastics with an emphasis on the forward and backward rolls as well as cartwheels. The children will learn how to safely use all of the gym's equipment (bars, beams, trampoline, tumble track, rings and floor equipment), building up self-confidence and make new friends. www.gymnasticacademyofboston.com

Min/Max: 2/4

Program-Session #	Age Group	Day	Dates	Time	Location	Session Fee	Instructor
231-1	1-2	Tuesdays	April 16-June 18	9:10-9:55 AM	12 Keefe Rd., Acton	\$199	Jamie Loizeaux
231-2	1-2	Wednesdays	April 11 – June 13	9:10-9:55 AM	12 Keefe Rd., Acton	\$199	Jamie Loizeaux
231-3	2-3	Wednesdays	April 11-June 13	10:55-11:40 AM	12 Keefe Rd., Acton	\$199	Eric Loizeaux
231-4	2-3	Tuesdays	April 12-June 14	10:55-11:40 AM	12 Keefe Rd., Acton	\$199	Jamie Loizeaux
231-5	2-3	Fridays	April 13-June 15	10:55-11:40 AM	12 Keefe Rd., Acton	\$199	Jamie Loizeaux
231-6	3-5	Mondays	April 16-June 18	1:45-2:30 PM	12 Keefe Rd., Acton	\$199	GAB Staff
231-7	3-5	Mondays	April 16-June 18	2:30-3:15 PM	12 Keefe Rd., Acton	\$199	GAB Staff
231-8	3-5	Wednesdays	April 11-June 13	3:15-4:00 PM	12 Keefe Rd., Acton	\$199	GAB Staff
231-9	3-5	Thursdays	April 12-June 14	1:00-1:45 PM	12 Keefe Rd., Acton	\$199	GAB Staff
231-10	3-5	Fridays	April 13-June 15	1:45-2:30 PM	12 Keefe Rd., Acton	\$199	GAB Staff

GYMNASTICS FOR YOUTH!



BEGINNER to INTERMEDIATE GIRLS AND BOYS - Grades K-1: 1 hour

Students will have the opportunity to be challenged, have fun and experience success on all types of gymnastics equipment. Basic to intermediate gymnastics progressions on bars, beams, vault, tumbling, rings and trampoline will be the focus. Safety training, body position, strength and flexibility will all be emphasized. The benefit of this class will be enhanced physical development while experiencing a good feeling about oneself.

www.gymnasticacademyofboston.com **Min/Max: 2/4**

Program-Session #	Age Group	Day	Dates	Time	Location	Session Fee	Instructor
232-1	K-1 Girls	Mondays	April 16-June 18	3:30-4:30 PM	12 Keefe Rd., Acton	\$220	GAB Staff
232-2	K-1 Girls	Tuesdays	April 10-June 12	2:30-3:30 PM	12 Keefe Rd., Acton	\$220	GAB Staff
232-3	K-1 Boys	Tuesdays	April 10-June 12	1:30-2:30 PM	12 Keefe Rd., Acton	\$220	GAB Staff
232-4	K-1 Boys	Tuesdays	April 10-June 12	2:30-3:30 PM	12 Keefe Rd., Acton	\$220	GAB Staff
232-5	K-1 Boys	Thursdays	April 10-June 12	3:30-4:30 PM	12 Keefe Rd., Acton	\$220	GAB Staff

GYMNASTICS CAMP—SPRING BREAK PROGRAM



Spend your vacation with us. Our Camp program offers your child healthy, challenging fun. Boys and girls of all levels, ages 3 and older will find that gymnastics is an exciting and fulfilling sport! Activities include gymnastics, inflatables, trampoline, foam pit, arts & crafts, sports skills, games, and more. www.gymnasticacademyofboston.com **Min/Max: 2/10**

Program-Session #	Age Group	Day	Dates	Time	Location	Session Fee	Instructor
233-1	3 +	Mon-Fri	April 16-20	12:30-3:30 PM	12 Keefe Rd., Acton	\$225	GAB Staff
233-2	3 +	Mon, Wed, Fri	April 16, 18, 20	12:30-3:30 PM	12 Keefe Rd., Acton	\$135	GAB Staff
233-3	3 +	Tues, Thurs	April 17, 19	12:30-3:30 PM	12 Keefe Rd., Acton	\$90	GAB Staff

Exercise Helps Ward-off Disease

CREATIVE MOVEMENT DANCE CLASSES FOR GIRLS



Creative Movement is a 45 min. introduction to dance through imagination and self-expression. This class is designed to develop coordination, rhythm, and flexibility. Young dancers will also explore the many ways of movement through imagination. www.gymnasticacademyofboston.com
Min/Max: 2/6

Program-Session #	Age Group	Day	Dates	Time	Location	Session Fee	Instructor
234-1	3-4	Tuesdays	April 10 – June 12	10:55-11:40 AM	12 Keefe Rd., Acton	\$199	Kellcie Teel
234-2	3-4	Wednesdays	April 11 – June 13	1:00-1:45 PM	12 Keefe Rd., Acton	\$199	Kellcie Teel
234-3	3-4	Fridays	April 13 – June 15	1:45-2:30 PM	12 Keefe Rd., Acton	\$199	Kellcie Teel
234-4	4-5	Mondays	April 16 – June 18	2:30-3:15 PM	12 Keefe Rd., Acton	\$199	Kellcie Teel
234-5	4-5	Wednesdays	April 11 – June 13	10:55-11:40 AM	12 Keefe Rd., Acton	\$199	Kellcie Teel
234-6	4-5	Fridays	April 13 – June 15	1:00-1:45 PM	12 Keefe Rd., Acton	\$199	Kellcie Teel
234-3	3-5	Saturdays (Co-ed Hip Hop)	April 14 – June 16	9:45-10:30 AM	12 Keefe Rd., Acton	\$199	Kellcie Teel



ZUMBA! JOIN THE PARTY

ZUMBA®fitness is a dynamic and exciting dance fitness class fusing international musical rhythms and movement into a fun and easy class that tones and sculpts your entire body. **Zumba® fitness is fun, effective and easy to learn.** The Latin rhythms create a party-like atmosphere that delivers results and a “feel happy” workout! No previous dance or fitness

experience needed. Zumba® is a great cardio conditioning workout. Just bring comfortable dance shoes or sneakers, towel, water bottle and your smile. Instructor Gina Flaherty is a certified Zumba® dance and fitness instructor. She has extensive training in ballet, Jazz and hip-hop and has expanded her solid dance and fitness foundation to include ZUMBA® fitness, the international dance and fitness sensation!

Program – Session #	Age Group	Day	Dates	Time	Location	Session Fee	Instructor
235-1	Teens 13 & up	Wednesday	April 25 May 2, 9, 16, 23 June 6, 13	6:30-7:30 PM	32 Nagog Park Drive (Chinese Martial Arts)	\$55	Gina Flaherty Certified Zumba Instructor



A FLICK AND A SLICE – KIDS NIGHT OUT

Here is a fun night out for kids, and... parents get some time too! We'll have a pizza party and watch a 'G/PG' rated movie. Kids are welcome to come in P.J's. Please bring your own blanket and pillow.



Program – Session #	Age Group	Day	Date	Time	Location	Session Fee	Instructor
236-1	9-12	Friday	March 30	6:00-9:30 PM	50 Audubon Drive (Council on Aging)	\$10	Acton Recreation Dept. Staff
236-2	9-12	Friday	April 27	6:00-9:30 PM	50 Audubon Drive (Council on Aging)	\$10	Acton Recreation Dept. Staff

PARKS & RECREATION.....

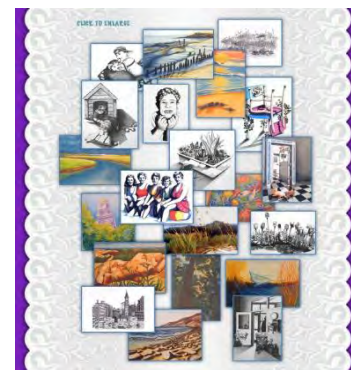
BE HAPPIER * Build Family Unity * Feel Great * take care of latch key children * reduce unemployment * INCREASE COMMUNICATION SKILLS * Expand knowledge * Lose weight * diminish chance of disease * build self-esteem * reduce stress promote sensitivity to cultural diversity eliminate loneliness * INCREASE COMMUNITY PRIDE * Reduce crime provide safe places to play * generate revenue lower health care costs * MEET FRIENDS educate children and adults * RELAX KEEP BUSINESS FROM LEAVING * Elevate Personal Growth * strengthen neighborhood involvement conquer boredom * provide child care BOOST ECONOMY * curb employee absenteeism * increase tourism * build strong bodies * increase property value attract new business * Preserve plant and animal wildlife instill teamwork * live longer * create memories PROTECT THE ENVIRONMENT * CLEAN AIR AND WATER * boost employee productivity look better * enhance relationship skills decrease insurance premiums * CONTROL WEIGHT * OFFER PLACE FOR SOCIAL INTERACTION * diminish gang violence * TEACH VITAL LIFE SKILLS * Provide space to enjoy nature.....

THE BENEFITS ARE ENDLESS..... © National Recreation and Park Association

SUE FUNK, ARTIST & INSTRUCTOR

A New Jersey native, Sue Funk has lived in Massachusetts for close to 20 years. After taking off a few years to raise her children, Sue is back to producing art while also teaching it. A Massachusetts certified teacher, Sue has taught Basic Drawing and Cartooning at a number of non-profit institutions including the Emerson Umbrella Center for the Arts in Concord, MA, the Munroe Arts Center in Lexington, MA as well as at RJ Grey Junior High School in Acton, MA.

Though contentedly established within the Acton MA community, Sue and her family remain loyal New York Yankee fans! <http://www.suefunk.com>



BASIC DRAWING I

Come join us as we explore the world of drawing. No prior experience required. We will learn how to draw faces, people, landscapes, cityscapes, shading and more. All you need to bring to class is your smile. Materials included.

Visit: www.suefunk.com Min/Max: 4/8

Program-Session #	Age Group	Day	Dates	Time	Location	Session Fee	Instructor
237-1	6-10	Saturdays	March 24, 31, April 14, 28 May 5, 12	10:30-11:30 AM	34 Oneida Drive Acton	\$80	Sue Funk

EXPLODE WITH COLOR

Explore color thru colored pencils, w/c pencils, markers, and acrylics. Materials not included in fee—a list will be provided by instructor. Visit:

www.suefunk.com Min/Max: 4/8

Program-Session #	Age Group	Day	Dates	Time	Location	Session Fee	Instructor
238-1	6-10	Saturdays	March 24, 31, April 14, 28 May 5, 12	11:30-12:30 PM	34 Oneida Drive Acton	\$80	Sue Funk

CARTOONING SCHMORGASBORD

Whether you have been creating cartoons forever or have recently discovered this wonderfully fun world, come join our classes! While reviewing the basics, we move forward with lessons challenging you with even more incredible creations. Visit: www.suefunk.com Min/Max: 4/8

Program-Session #	Age Group	Day	Dates	Time	Location	Session Fee	Instructor
239-1	8 & up	Saturdays	March 24, 31, April 14, 28 May 5, 12	9:00-10:30 PM	34 Oneida Drive Acton	\$90	Sue Funk

COLLAGE

In this class we explore the funky world of laying colors, textures, words, fabric—actually the list is endless, to create a wonderful composition of color and movement. We start simply, basically with only two textures, and each week we build upon the previous week's explorations. You are welcome to start a new piece each week or continue to build on your own piece or start a new piece every other week—whatever you would like to do. Minimal supply list which Sue will provide before the first class. Visit: www.suefunk.com Materials included. Min/Max: 4/8

Program-Session #	Age Group	Day	Dates	Time	Location	Session Fee	Instructor
240-1	8 & up	Saturdays	March 24, 31, April 14, 28 May 5, 12	12:30-1:30 PM	34 Oneida Drive Acton	\$80	Sue Funk

APRIL VACATION IN CARTOON WORLD!

Each day we learn different aspects of cartooning and we put those lessons to paper: bodies in motion, faces, laughing, countryside changing to seaside, dragons flying through the mountains—the list is endless and we work at covering it all! By weeks' end you will have one funky completed cartoon story. Materials included. Students should bring their own snacks and lunch. Visit: www.suefunk.com Min/Max: 3/10

Program-Session #	Age Group	Day	Dates	Time	Location	Session Fee	Instructor
241-1	8 & up	Mon-Fri	April 16, 17, 18, 19, 20	9:00-4:00 PM	34 Oneida Drive Acton	\$369	Sue Funk

Art education can play a major role in a child's academic and social development

GRAPHIC SHORT STORIES

Class continues with your child's creativity with fantasy & the results are delightful. "Reality" based drawing lessons ground their ideas, along with basic writing principles & cartoons. All you need to bring to class is your smile. Cartooning 1 or previous cartooning classes recommended by not required. Visit: www.suefunk.com Materials included. **Min/Max:** 4/8

Program-Session #	Age Group	Day	Dates	Time	Location	Session Fee	Instructor
242-1	8 & up	M-T-W-Th-F	June 18, 19, 20, 21, 22*	9:00-4:00 PM	34 Oneida Drive, Acton	\$369	Sue Funk

*If school is still in session due to extensive snow days, this class will be pro-rated.



MESSY MARVIN MONDAY!

Messy fun is really artsy! A child needs to explore their environment and be able to create their own masterpiece. They need to feel the gritty sand, smell the fruity play dough, taste the pudding or whipped cream we paint with, or even hear the music as we play in warm sudsy water. All of these things are considered art and messy play. It is essential to expose a child to sensory projects every day, along with giving them the freedom to create whatever they may feel like with crayons, paint, and other items.

Does your child just love hands-on fun? Then this is the class for them! We will get creative with play dough, explore mixing paint and go ga-ga with glue! We will Zoommmmm our cars into whipped cream and make our own "Monets" with finger paint. If you don't get dirty, you didn't have fun! Adult must accompany child. We recommend a smock and play clothes! **Min/Max:** 4/8

Program-Session #	Age Group	Day	Dates	Time	Location	Session Fee	Instructor
243-1	3-5	Mondays	May 7, 14, 21	10:00-11:00 AM	NARA Park Bathhouse Pavilion	\$33	Sue Funk

FRIDAY NIGHT BLANKET PARTY



A fun Friday evening for **young teens**. Stay warm this winter! Here is a chance to design your own blanket or make one for a friend. We will teach you the technique of tying fleece blankets to create a truly personal and unique item. Light refreshments will be provided. **Supplies to bring:** Sharp scissors, two pieces of pre-washed fleece fabric the same size and needs to be at least 40" or wider (most are 54"). If you would like to make a baby/toddler blanket you will need 1 to 1 1/2 yards of each fabric (one solid/one print works best). For a child size blanket you will need 1 to 1 3/4 yards of each fabric. For teen/adult you will need 2 yards in both fabrics. **Parents do not need to stay for this program, but must provide proof of identification at pick-up time.** **Min/Max:** 6/12

Program-Session #	Age Group	Day	Dates	Time	Location	Session Fee	Instructor
244-1	9-14	Friday	June 8	6:30-9:00 PM	50 Audubon Drive (Senior Center)	\$16	Sue Funk

BFF TEA TIME



A special tea time with your best friend! What a great opportunity for your child to ask a special friend to join them for an extra special afternoon. Recreation will host an old-fashioned afternoon Tea Time including specialty tea sandwiches, yummy cookies, scones, mini cakes, hot chocolate and apple juice. A themed best friend craft will also be part of the afternoon's activities. Tables will be broken down into age groups with an activity that is age appropriate. Space is limited so reserve yours today. Designated drop-off and pick-up (person's name) must be provided to staff.

Min/Max: 12/30



Program-Session #	Age Group	Day	Date	Time	Location	Session Fee	Instructor
245-1	7-13	Thursday	May 24	2:00-4:30 PM	NARA Park Bathhouse Pavilion	\$25 (for two)	Maura Haberman

BUILD YOUR OWN FAIRYHOUSE

The magic returns by popular demand! Here's a special opportunity for youth to build a special fairy house for their magical friend. Our fairy houses will be made of sticks, bark, dry grasses, pebbles, and a variety of decorative accents. Each child will create their own unique fairy house to bring home. All materials are included in the class fee. Designated drop-off and pick-up (person's name) must be provided to staff. **Min/Max:** 8/16



Program-Session #	Age Group	Day	Date	Time	Location	Session Fee	Instructor
246-1	7-13	Thursday	May 10	2:00-4:30 PM	NARA Park Bathhouse Pavilion	\$25	Maura Haberman

DUCT TAPE INSANITY!



Spend a fun Friday evening with your friends! Light refreshments will be provided. Just how many things can duct tape do? Flowers, wallets, and lunchboxes are just a few of the projects that can be created. **Materials to bring:** Scissors and 2 or more rolls of duct tape (any colors). Parents do not need to stay for this program, but must provide proof of identification at pick-up time. **Min/Max:** 8/16



Program-Session #	Age Group	Day	Date	Time	Location	Session Fee	Instructor
247-1	8-12	Friday	May 18	6:30-8:30 PM	50 Audubon Drive (Senior Center)	\$13	Maura Haberman
247-2	8-12	Friday	June 29	6:30-8:30 PM	50 Audubon Drive (Senior Center)	\$13	Maura Haberman

ULTIMATE FRISBEE

This program consists of six interactive classes teaching kids about playing Ultimate Frisbee. The first hour will be devoted to teaching students how to throw, catch, practicing drills and reviewing the rules. The second hour will be devoted to playing a game. All students will also receive their own disk. ABRHS Ultimate Frisbee team members, "The Renegades" will participate.

Materials required: shorts, cleats, white shirt, dark shirt. Water will be provided.

For more information e-mail: lakenst@gmail.com **Min/Max:** 12/40



Program-Session #	Age Group	Day	Dates	Time	Location	Session Fee	Instructor
248-1	10-14	M-W-F	August 6, 8, 10, 13, 15, 17	9:00-11:00 AM	NARA Park Field	\$86	Steve Laken

DANNY'S PLACE YOUTH CENTER



DANNY'S PLACE

Visit our friends at Danny's Place located at 15 Charter Road, Acton. Danny's Place provides dedicated space during after-school hours for **6th-12th graders** right on the AB campus. They offer a place for students to relax and enjoy unstructured time, or participate in classes and workshops targeted for their age and interests. Special events and activities are held in the evenings to give our youth a safe place to go and have fun with their friends. Attendance at the center is fee-based, with membership from early September through early August. Non-members and guests may attend for a \$5 visit fee. **Danny's Place programming and activities are designed to improve the lives of our youth and our community.** They have embraced the Search Institute's framework of 40 Development Assets in their program development and grant funding. Through extensive research, the Assets have been identified as positive experiences and

personal qualities that young people need during critical adolescent years to influence the choices they make, and help them become caring, responsible adults. For more information on special teen events and youth center membership visit: www.dannysplace.org

GOWARD PLAYGROUND FUNDRAISER

THANK YOU FOR YOUR DONATION! (Received as of 2.16.12)



Kara & Michael Bayer
Karen & David Jarsky
John & Karen Sonner
Acton Jazzercise Fitness
Acton Medical Associates
Acton Teamworks
Maya Minkin & Gregory Maxwell
Charles & Elizabeth Mercier
Franz & Margaret Busse
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Matthew Zipoli & Kristen Rivard
Dimitry Bogaevsky
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AAA of Acton
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Jessica Cody
Christopher Heithoff
Bridget Steinkrauss
Hannah Bloch
Elizabeth Crowley
Shaleen & Madhulika Saxena
Michele A. Brady
Joan H. Kopperl
Winter Carnival 2012
Jennifer Izzo
Carolyn Brady
Jillian Shaw
Michele Kenerson
Amelia Fedyk
Richard F Berger
Christine Kobelski
Michele Kenerson

Goward Playground is located behind the Acton Memorial Library



This could be your name!
Your continued support is greatly appreciated!

TO DONATE OR OBTAIN MORE INFORMATION: WWW.FRIENDSOFTHEPLAYGROUND.ORG

CONCORD CONSERVATORY OF MUSIC PROGRAMS

Music & Movement, early Beginnings, Stepping Stones, Musical Gateway and Family Class is offered for **ages 5 months to 6 years**. This class is offered in various sessions for **ages 5 months to 6 years**. Dalcroze Eurhythmics is an integrated approach to learning music that nurtures the total development of the child. The goal of our Dalcroze curriculum is to develop a lifelong love and understanding of music and to make it an integral part of the child's life. Through movement, singing, and improvisation, children explore music concepts and begin to develop music literacy. As children walk, run, and gallop, they experience beat, meter, and rhythm. As the year proceeds, students describe their rhythmic movement, identify note values, and begin to read and notate simple rhythms. Listening games and activities are designed to allow the students to "find" a concept in the music, for example, high/low pitches, faster/slower rhythm patterns, loud/soft tones. When singing, they use their hands and arms to show the shape of a melody or phrase. Just as the walking and running movements help students feel and internalize rhythm, these arm movements help them feel and internalize the relationship of pitches while tuning the voice and ear to each other. Percussion instruments and props further enrich the class experience. The curriculum is shaped to the developmental needs and skills of the ages listed. It is a dynamic approach, grounded in kinesthetic experiences — a joyful way to learn, ideal for students of all ages. Musical material is presented in age-appropriate ways for each age group. Comfortable clothing should be worn. Please note that classes are usually held barefoot; if your child does not like to be barefoot, please have him or her wear non-slip sock.

Instructors: Linda Emmanuel, Isabel Aybar, Haeun Shin

Class sections should be selected based on child's age as of Sept. 1, 2012

MUSIC & MOVEMENT

See description under Concord Conservatory Early Childhood Music title. **Min/Max:** 4/8

The Concord
Conservatory of Music

Program-Session #	Age Group	Day	Dates	Time	Location	Session Fee
249-1	5-12 mos. with parent	Thursdays	April 1-June 14	1:00-1:45 PM	1317 Main Street W. Concord	\$195
249-2	12-24 mos. with parent	Tuesdays	April 1-June 14	10:30-11:15 AM	1317 Main Street W. Concord	\$195
249-3	12-24 mos. with parent	Wednesdays	April 1-June 14	10:30-11:15 AM	1317 Main Street W. Concord	\$195
249-4	12-24 mos. with parent	Thursdays	April 1-June 14	9:30-10:15 AM	1317 Main Street W. Concord	\$195

EARLY BEGINNINGS

See description under Concord Conservatory Early Childhood Music title. **Min/Max:** 4/8

The Concord
Conservatory of Music

Program-Session #	Age Group	Day	Dates	Time	Location	Session Fee
250-1	24-36 mos. with parent	Wednesdays	April 1-June 14	9:30-10:15 AM	1317 Main Street, W. Concord	\$195
250-2	24-36 mos. with parent	Thursdays	April 1-June 14	10:30-11:15 AM	1317 Main Street, W. Concord	\$195

STEPPING STONES

See description under Concord Conservatory Early Childhood Music title. **Min/Max:** 4/8

The Concord
Conservatory of Music

Program-Session #	Age Group	Day	Dates	Time	Location	Session Fee
251-1	3-4 Yrs. w/o parent	Tuesdays	April 1-June 14	9:30-10:15 AM	1317 Main Street, W. Concord	\$195
251-2	3-4 Yrs. w/o parent	Wednesdays	April 1-June 14	3:00-3:45 PM	1317 Main Street, W. Concord	\$195
251-3	3-4 Yrs. w/o parent	Thursdays	April 1-June 14	2:15-3:00 PM	1317 Main Street, W. Concord	\$195

MUSICAL GATEWAY

See description under Concord Conservatory Early Childhood Music title. Materials: \$10 paid at class for recorder. **Min/Max:** 4/8

The Concord
Conservatory of Music

Program-Session #	Age Group	Day	Dates	Time	Location	Session Fee
252-1	Pre K/K 5-6 w/o parent	Wednesdays	April 1-June 14	4:00-4:45 PM	1317 Main Street, W. Concord	\$195
252-2	Pre K/K 5-6 w/o parent	Thursdays	April 1-June 14	3:00-3:45 PM	1317 Main Street, W. Concord	\$195

FAMILY CLASS

See description under Concord Conservatory Early Childhood Music title. **Min/Max:** 4/8

The Concord
Conservatory of Music

Program-Session #	Age Group	Day	Dates	Time	Location	Session Fee
253-1	2-5	Saturdays	April 1-June 14	11:00-11:45 AM	1317 Main Street, W. Concord	\$195

JUNIOR SINGERS – BROADWAY BABIES

The Concord
Conservatory of Music

This is an introductory course for beginning vocalists **ages 6–8**. This course will focus on the development of the young voice in the context of singing age-appropriate songs from the musical theatre repertory. Students learn the basic elements of breathing, pitch, voice placement, range development, and tone in the fun-oriented format of the Broadway style. Each student will be given two to three ensemble pieces from a musical theatre piece to work on during the 10 weeks. Short solos from the selected pieces will be assigned about the third or fourth week if so desired by the student. At the end of term, the class will present one or more of these pieces at a CCM recital and/or an assisted living center nearby. Students will be required to bring a small recording device to class so they can practice at home. **Min/Max:** 6/10

Program-Session #	Age Group	Day	Dates	Time	Location	Session Fee	Instructor
254-1	6-8	Thursdays	April 1-June 14	4:00-4:45 PM	1317 Main Street, W. Concord	\$199	Elizabeth Johnson

BEGINNING VOCALS

The Concord
Conservatory of Music

This beginning course helps students (**ages 9-11**) learn healthy vocal technique and how to use their voice to the fullest potential within the context of singing age-appropriate songs from the musical theatre repertory. Students will learn breath control, voice placement, and how to increase their range and improve their tone and pitch in the fun-oriented format of the Broadway style. Group and individual work are stressed. Two to three selections from a musical theatre piece will be studied and solos from the pieces will be assigned to those who would like them. At the end of term, the class will present one or more of these pieces at a CCM recital and/or an assisted living center nearby. Students will be required to bring a small recording device to class so they can practice at home.

Min/Max: 4/10

Program-Session #	Age Group	Day	Dates	Time	Location	Session Fee	Instructor
255-1	9-11	Thursdays	April 1-June 14	4:45-5:30 PM	1317 Main Street W. Concord	\$199	Elizabeth Johnson

CHINESE MARTIAL ARTS-ATHLETIC BALANCE



It was not so long ago that prestigious Chinese martial arts tournaments like those hosted by Master Nick Skrima were an invitation-only event. The privilege of participation had to be earned - a school would need to demonstrate that all of its contenders practiced authentic, traditional Chinese styles, ensuring a clean competition free of outside influence. However, recent tournaments, such as the one I attended with my students this summer, have become much more open and welcoming, embracing any school wishing to participate, including those who practice more modern styles. This made for a very enjoyable experience, facilitating the friendly exchange and competition between martial artists of all disciplines.

During the mid-80s, I started competing as a teenager in Poland, representing my sports federation. It was an honor, and provided a great chance to travel throughout the country. There was little media attention paid to martial arts at the time; competitions were the best occasion to see different styles, exchange techniques, and make friends. Tournaments have, and continue, to provide a unique networking opportunity to students and coaches to broaden horizons. Throughout my career, I have had the chance to meet masters from all over the world, each with his or her own style. Each had a distinct philosophy and helpful suggestions to offer. Today, I find it equally important to expose my own students to similar experiences through tournaments and competitions, locally and internationally. Master Skrima's tournament was such an event, and its open and diverse nature made it even more so.

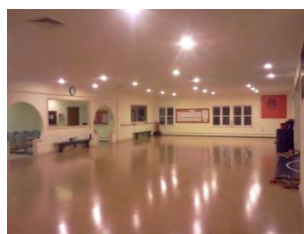
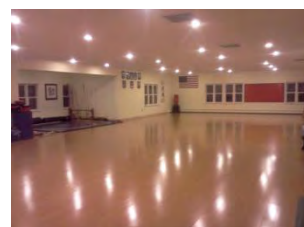
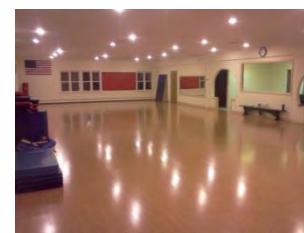
Aside from the importance of social interaction and information exchange, tournaments also encourage practice and diligence. Students become more detail oriented, sharpening all skills - honing in on smooth transitions, clean postures and stances, as well as speed and power - in a way that only competition can bring out. Tournaments provide a tangible goal, improving motivation, stamina, and self-confidence. Students also learn to prepare mentally, focusing intently and with great discipline. It doesn't matter so much if you win or not, because there is always the feeling that you have to strive after each competition, to improve yourself and to incorporate techniques you may have seen. In fact, competing in an established tournament is in itself a personal victory, and one that pushes my students to achieve.

Finally, students must practice the Wu De concept of martial morality. They are required to act humbly and respectfully at all times. Loyalty to their school, teammates, and to their art is expected from each participant.

These are all benefits of competition, and while every tournament is different, each event adds to the development and enrichment of both the teachers' and students' character.



**CHECK OUT OUR NEW LOCATION AND 4,800+ SQ. FT. FACILITY NEXT TO
ACTON BARN CO-OPERATIVE NURSERY SCHOOL AT 32 NAGOG PARK DRIVE!**





KUNG FU MARTIAL ARTS – LITTLE DRAGONS 4-6

Enroll your child in a program that will develop his/her confidence, concentration, and coordination. Teach him/her respect and self defense, not to mention it's a lot of fun! Testing for belt upon completion of the program is included.

Web address: www.AthleticBalance.com. All new location! Min/Max: 4/10

Program-Session #	Age Group	Day	Dates	Time	Location	Session Fee	Instructor
256-1	4-6	Mondays	March 26, April 2, 9, 23, 30 May 7	4:15-4:45 PM	32 Nagog Park Drive	\$95	Eva Latecki & Narcyz Latecki
256-2	4-6	Wednesdays	March 28, April 4, 11, 25 May 2, 9	4:15-4:45 PM	32 Nagog Park Drive	\$95	Eva Latecki & Narcyz Latecki
256-3	4-6	Saturdays	March 31, April 7, 14, 28 May 5, 12	10:00-10:30 AM	32 Nagog Park Drive	\$95	Eva Latecki & Narcyz Latecki
256-4	4-6	Mondays	May 14, 21 June 4, 11, 18, 25	4:15-4:45 PM	32 Nagog Park Drive	\$95	Eva Latecki & Narcyz Latecki
256-5	4-6	Wednesdays	May 16, 23, 30 June 6, 13, 20	4:15-4:45 PM	32 Nagog Park Drive	\$95	Eva Latecki & Narcyz Latecki
256-6	4-6	Saturdays	May 19, 26 June 2, 9, 16, 23	10:00-10:30 AM	32 Nagog Park Drive	\$95	Eva Latecki & Narcyz Latecki

KUNG FU MARTIAL ARTS – YOUNG TIGERS 7-12

Kung Fu teaches children to try their best. Through training they learn how to overcome challenges and experience victories, giving them confidence and spirit to be their best in martial arts, their school and home. This class develops: flexibility, strength, self defense, respect, self esteem and coordination. *Testing for belt upon completion of the program is included.* Web address: www.AthleticBalance.com Min/Max: 4/10



Program-Session #	Age Group	Day	Dates	Time	Location	Session Fee	Instructor
257-1	7-12	Tuesdays	March 27, April 3, 10, 24 May 1, 8	4:45-5:30 PM	32 Nagog Park Drive	\$106	Eva Latecki & Narcyz Latecki
257-2	7-12	Wednesdays	March 28, April 4, 11, 25 May 2, 9	5:30-6:15 PM	32 Nagog Park Drive	\$106	Eva Latecki & Narcyz Latecki
257-3	7-12	Thursdays	March 29, April 5, 12, 26 May 3, 10	4:45-5:30 PM	32 Nagog Park Drive	\$106	Eva Latecki & Narcyz Latecki
257-4	7-12	Fridays	March 30, April 6, 13, 27 May 4, 11	5:30-6:15 PM	32 Nagog Park Drive	\$106	Eva Latecki & Narcyz Latecki
257-5	7-12	Tuesdays	May 15, 22, 29 June 5, 12, 19	4:45-5:30 PM	32 Nagog Park Drive	\$106	Eva Latecki & Narcyz Latecki
257-6	7-12	Wednesdays	May 16, 23, 30 June 6, 13, 20	5:30-6:15 PM	32 Nagog Park Drive	\$106	Eva Latecki & Narcyz Latecki
257-7	7-12	Thursdays	May 17, 24, 31 June 7, 14, 21	4:45-5:30 PM	32 Nagog Park Drive	\$106	Eva Latecki & Narcyz Latecki
257-8	7-12	Fridays	May 18, 25 June 1, 8, 15, 22	5:30-6:15 PM	32 Nagog Park Drive	\$106	Eva Latecki & Narcyz Latecki

MOVIE MAKING

Learn how to make your multimedia or home video look like you are a pro with Hong Kong Martial Arts Actor, Director and Movie Producer, Mandy Chan! Open the door to opportunities that let you express and explore your talent in the field of filming art.

Class covers: Camera angles, movement, direction, wide and telephoto lens usage, three point lighting, refractor, and green screen. Shoot logging list and scenes continuity, video editing, sound effects and music, exporting the video to the web, file or DVD . . . and last but not least, acting choreography and stunt work! Min/Max: 4/8



Program-Session #	Age Group	Day	Dates	Time	Location	Session Fee	Instructor
258-1	14 & up	Friday	March 30, April 13, 20, 27 May 4, 11	7:00-9:00 PM	32 Nagog Park Drive	\$184	Mandy Chan
258-2	14 & up	Sunday	April 1, 15, 22, 29, May 6, 13	2:00-4:00 PM	32 Nagog Park Drive	\$184	Mandy Chan
258-3	14 & up	Friday	June 1, 8, 15, 22, 29, July 13	7:00-9:00 PM	32 Nagog Park Drive	\$184	Mandy Chan
258-4	14 & up	Sunday	June 3, 10, 17, 24, July 1, 15	2:00-4:00 PM	32 Nagog Park Drive	\$184	Mandy Chan

M o v e m e n t M e l t s A w a y S t r e s s

HYBID HORSIN' AROUND CAMP

2012 Summer Program for Children Registration Form for Ages 6-12



Questions? Please contact Johanna of Hybrid Farm at: johanna@hybridfarm.com

Name of Student: _____ Name(s) of Parent: _____

Address: _____ City _____ St _____ Zip _____

Email: _____ Phone #: _____ Emergency #: _____

Age: _____ Date of Birth: ____/____/____ Height: _____ Weight: _____

Rider is competent: Walking ____ Trotting ____ Cantering ____ Jumping ____ Horses you like riding at Hybrid Farm: _____

Session Time: 9:00-1:00 PM

Circle which session week(s) your child will attend:

Week 1: July 2-6

Week 3: July 16-20

Week 5: July 30-August 3

Week 7: August 13-17

Week 2: July 9-13

Week 4: July 23-27

Week 6: August 6-10

TUITION FEE: \$375 **HYBID FARM CAP:** \$15 each

THEME THURSDAYS: 1:00-3:00 PM @ Hybrid Farm \$50 per week.

CIRCLE SESSION WEEK(S): 1 2 3 4 5 6 7

TOTAL AMOUNT DUE: \$ _____

LESS NON-REFUNDABLE DEPOSIT (\$100 per week due at time of registration): \$ _____

BALANCE DUE ON MAY 15, 2012: \$ _____



PAYMENT INSTRUCTIONS: A deposit is due at the time of registration; the balance is due in full on May 15. Your space is confirmed when payment is received. Confirmation will be sent via email after May 15, 2012 by Hybrid Farm.

MAIL COMPLETED FORM TO: HYBID FARM, 217 NAGOG HILL ROAD, ACTON, MA 01720

PLEASE MAKE YOUR CHECK PAYABLE TO: HYBID FARM

Payment for program cannot be combined with other recreation programs

REFUND POLICY: Deposits are non-refundable

WAIVER AND INDEMNIFICATION

Rider's Name (print) : _____

In consideration of the permission granted to me by Rita-Marie McConnon and Thomas Bostwick McConnon to be on their premises known as Hybrid Farm, Inc. I hereby irrevocably waive any and all claims and release any and all causes of action against the owners, their employees, the Town of Acton, agents, guests, invitees, boarders and their respective heirs, successors and assigns, whether now existing or hereby arising, which may occur, directly or indirectly, as a result of, relating to or arising out of my presence on Hybrid Farm, Inc. whether by reason of negligent acts, or otherwise, and hereby save and hold harmless all these same persons against any and all losses, costs, damages or expenses, including reasonable attorney's fees, resulting from, relating to or arising out of, directly or indirectly, my presence on Hybrid Farm, Inc.

WARNING: Under Massachusetts law, an equine professional is not liable for an injury to, or the death of, a participant in equine activities resulting from the inherent risks of equine activities, pursuant to section 2D of Chapter 128 of the General Laws.

Signature: _____ **Date:** _____

If rider is a minor child, Parent signature: _____ **Date:** _____

(Printed) Parent(s) name: _____

I hereby grant permission to the owners of Hybrid Farm to seek emergency medical care for my minor child in my absence: (Initials) **Yes** _____ **No** _____

From time to time, we at Hybrid Farm take photographs of the children enjoying their time with the horses. This release gives us the right, without further permission, to publish pictures of your child for the purposes of advancing our family business.

Parent signature: _____ **Date:** _____

ADULT PROGRAMS

OUTDOOR TENNIS



Game, Set, Match! FirstPlay started providing these programs in 1997 and has earned a reputation for employing only the most competent and enthusiastic instructors. Last spring, FirstPlay Tennis partnered with the Acton Recreation Department to offer outdoor tennis lessons. Learn the basics or improve your skills! Grips, footwork, groundstrokes, volleys,, and game play. Please bring your racket and something to drink. All other equipment will be provided by the instructor.

FirstPlay Tennis has joined forces with USTA Middle States and USTA Eastern to grow the sport of tennis in communities.

www.firstplaysports.com Min/Max: 6/16

Program-Session #	Age Group	Day	Dates	Time	Location	Session Fee	Instructor
259-1	18 & Up - beginner	Tues./Thurs.	June 5, 7, 12, 14, 19 Rain Make-up: June 21, 26	5:45-6:40 PM	Elm Street Tennis Courts	\$125	FirstPlay Instructor
259-2	18 & Up - intermediate	Tues./Thurs.	June 5, 7, 12, 14, 19 Rain Make-up: June 21, 26	6:45-7:40 PM	Elm Street Tennis Courts	\$125	FirstPlay Instructor

INDOOR TENNIS AT ALL SEASONS TENNIS CLUB

All Seasons Tennis Club offers a rewarding, year-round, complete tennis experience for players of all ages from pee wee to senior, and all playing levels. Their tennis club provides top level instruction with an experienced group of USPTA and USPTR qualified teaching professionals that represent one of the best tennis staffs in the region. All Seasons also offers competitive and social tennis, including a range of junior tennis programs. Stop by to visit their newly resurfaced US Open Blue Courts and fitness facility.

Whether you are a beginner, intermediate, or experienced tennis player, ASTC has something to offer you. The facility's six indoor courts are painted U.S. Open blue to enhance every player's experience.

www.allseasonstennisclub.com Min/Max: 3/6



Program – Session #	Age Group	Day	Dates	Time	Location	Session Fee	Instructor
260-1	Adults/ Adv. Beginner	Wednesdays	March 14, 21, 28 April 4, 11, 18, 25 May 2	7:00-8:00 PM	10 Granite Road Acton	\$136	All Seasons Tennis Pro
260-2	Adults/ Adv. Beginner	Wednesdays	May 9, 16, 23, 30 June 6, 13, 20, 27	7:00-8:00 PM	10 Granite Road Acton	\$136	All Seasons Tennis Pro
260-3	Adults/ Adv. Beginner	Wednesdays	July 11, 18, 25 August 1, 8, 15	6:00-7:00 PM	10 Granite Road Acton	\$93	All Seasons Tennis Pro
260-4	Adults/ Adv. Beginner	Fridays	March 16, 23, 30 April 13, 20, 27 May 4	10:30-11:30 AM	10 Granite Road Acton	\$111	All Seasons Tennis Pro
260-5	Adults/ Adv. Beginner	Fridays	May 11, 18, 25 June 1, 8, 15, 22	10:30-11:30 AM	10 Granite Road Acton	\$111	All Seasons Tennis

Gymnastics strength and flexibility will keep you looking and feeling young, limber and in great shape.

GYMNASTICS FOR ADULTS



Have you been in the lobby watching your child do gymnastics and ever said to yourself, "I would love to learn to do that?" Are you a young adult who may have never done gymnastics but has always wanted to give it a try? Regardless of your age or ability, YOU CAN! Our Adult Gymnastic class is designed to help adults, ages 19 +, work on the gymnastic skills they've always wanted to learn while having fun at the same time. No prior experience is needed, while being an expert won't exclude you either; adults of all levels and abilities will be able to find success. www.gymnasticacademyofboston.com Min/Max: 2/4

Program-Session #	Age Group	Day	Dates	Time	Location	Session Fee	Instructor
261-1	18 +	Wednesdays	April 11 – June 13	2:30-3:30 PM	12 Keefe Rd., Acton	\$220	Eric Loizeaux
261-2	18 +	Wednesdays	April 11 – June 13	5:00-6:00 PM	12 Keefe Rd., Acton	\$220	Leah Merrill

Acton Recreation Department

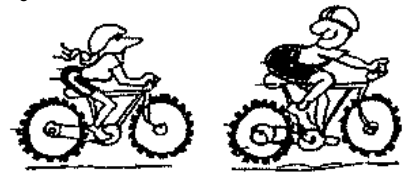
Building a sense of community through quality recreation



ADVENTURIDES



Join us as we explore 3 different routes each week over scenic country roads and enough civilized off-road routes to keep things interesting. We are mere mortals who believe "fitness is fun" – and that a bad day outdoors beats a good day indoors. We'll get great exercise and discover new places together. You should be able to handle our rides on almost any well-maintained bike. An ANSI approved bicycle helmet and the ability to ride 1½ to 2 hours (recreational rides) or 3 hours (fitness rides) are also required. Starting locations vary each week, but will always be within ½ hour drive of Groton, Massachusetts. **You will receive ride information each week by email and our website. Please make sure to register your email address.** The first ride is free - come check us out. You will need to sign our waiver form before participating. See www.AdventuRides.com for more information.



MEET OUR INSTRUCTORS:

- **Bill Brandt** is an escapee from the world of high tech. He owns several non-traditional bikes, including one that fits in the tiny trunk of his sports car. He is a master at finding beautiful and interesting bike routes.
- **Carole Greenfield**, also a high tech escapee, has been riding with friends and groups for over 20 years. She is a master at finding good places to eat and bathrooms. She ensures we have the same number of riders at the beginning and end of each ride.

Monday Recreational Rides. We will cycle approximately 12-18 miles at a leisurely pace adjusted to the desires and abilities of the group. The **Recreation Rides** combine on road and some civilized off road. A sturdy road bike will work, but you will generally be happier with a hybrid bike. Each ride will be different. Therefore, we encourage you to do one or both recreational rides on Mondays.

Friday Fitness Rides. These rides are designed to allow longer rides in the morning without the difficulty of getting back on the bike after (optional) lunch. Seriously, we will ride 20-30 miles at a moderate pace, with time for sightseeing. The Fitness Rides will be mostly on road, although we will ride dirt / gravel roads, and we recommend either a sturdy road bike or a hybrid bike. A mountain bike will work, but you will need to work extra hard to keep up.

A bad day outdoors beats a good day indoors!

Mondays		April 2, 9, 23, 30, May 7, 14, 21, June 4, 11, (June 18 if school is still in session)				9:30-11:30 AM	
Mondays		April 2, 9, 23, 30, May 7, 14, 21, June 4, 11, (June 18 if school is still in session)				12:30-2:30 PM	
Fridays		April 13, 27, May 4, 11, 18, 25, June 1, 8, 15, (June 22 if school is still in session)				9:30-12:30 PM	
Program-Session #	Age Group	Day	Dates	Time	Location	Session Fee	Instructor
262-1	Adults	Unlimited rides	Dates noted above	Times noted above	Local Area	\$126	Bill Brandt & Carole Greenfield
262-2	Adults	One ride per week	Dates noted above	Times noted above	Local Area	\$99	Bill Brandt & Carole Greenfield

INTRO TO TAI CHI (CHI KUNG)

Visit our new location!



Tai Chi is a traditional Chinese Martial Art focusing on the circulation of chi or "life energy" found within and around all living things. Sometimes called "moving meditation," millions of men and women all over the world practice it daily as a gentle, stress reducing exercise. At its deepest level, Tai Chi can also become an extremely powerful and effective system of self-defense, characterized by a relaxed low of internal energy and power as opposed to sheer muscular strength and speed. Benefits of Tai Chi include: reduced stress, increased flexibility, increased energy and vitality and improvement in general health. **Min/Max: 4/10**

Program-Session #	Age Group	Day	Dates	Time	Location	Session Fee	Instructor
263-1	16 & up	Tuesdays	March 27, April 3, 10, 24 May 1, 8	9:30-10:30 AM	32 Nagog Park Drive	\$112	Narcyz Latecki
263-2	16 & up	Thursdays	March 29, April 5, 12, 26 May 3, 10	9:30-10:30 AM	32 Nagog Park Drive	\$112	Narcyz Latecki
263-3	16 & up	Tuesdays	March 27, April 3, 10, 24 May 1, 8	7:00-8:00 PM	32 Nagog Park Drive	\$112	Narcyz Latecki
263-4	16 & up	Thursdays	March 29, April 5, 12, 26 May 3, 10	7:00-8:00 PM	32 Nagog Park Drive	\$112	Narcyz Latecki
263-5	16 & up	Tuesdays	May 15, 22, 29 June 5, 12, 19	9:30-10:30 AM	32 Nagog Park Drive	\$112	Narcyz Latecki
263-6	16 & up	Thursday	May 17, 24, 31 June 7, 14, 21	9:30-10:30 AM	32 Nagog Park Drive	\$112	Narcyz Latecki
263-7	16 & up	Tuesdays	May 15, 22, 29 June 5, 12, 19	7:00-8:00 PM	32 Nagog Park Drive	\$112	Narcyz Latecki
263-8	16 & up	Thursdays	May 17, 24, 31 June 7, 14, 21	7:00-8:00 PM	32 Nagog Park Drive	\$112	Narcyz Latecki

ACTION ADULT SOFTBALL LEAGUE



The Acton Adult Softball league will kick off its 13th season in the spring of 2012. The league offers participation for **both men and women, ages 21 and up (no exceptions)**. Team records and standings will be kept throughout the season but the league is considered "recreational," mostly social yet semi-competitive. The upcoming season will be limited to 16 teams and play games in Acton at Elm Street field and NARA Park. Each team must be coed and have at least three female members on the field each inning. Team size will be determined by captains. As with prior seasons, returning teams will have a deadline to re-register after which waitlisted teams and individuals will be accepted as space permits, on a first-come, first served basis.

Registration forms, enrollment instructions, fees, season schedule, and important league information is available at www.ActonASL.com AASL Commissioner: Rich Gottesman, rich@actonasl.com

INLINE SKATING FOR FITNESS!

Join another inline **adult** skating enthusiast for a weekly skate at the **NEW BRUCE FREEMAN RAIL TRAIL** which spans Lowell, Chelmsford and Westford. We will begin by learning or reviewing the basics: correct fit of your gear, stopping, striding, turning and the correct way to fall. We will then meet at the Rail Trail and work at increasing our distance and improving our technique each week. You may modify your distance according to your own needs. You will get a great workout in the process! Students will supply their own equipment including inline skates, helmet, elbow pads, knee pads and wrist guards. You may contact the instructor for advice prior to purchasing new gear. Bottled water and sunglasses are suggested. Instructor will supply directions to the Bike Trail at the first class. **Min/Max: 4/12**



Program – Session #	Age Group	Day	Dates	Time	Location	Session Fee	Instructor
264-1	Adults	Fridays	April 27, May 4, 11, 18 June 1, 8, 15 (no weather make-up classes)	10:00-11:30 AM	1 st Class Meet @ NARA Park Bathhouse	\$25	Cathy Fochtman

CARDIO INTERVAL & CIRCUIT WORKOUT



All new studio!

Our exercise classes will focus on interval training and circuit workouts geared to all levels of fitness. Exercises can be modified for a high intensity or low intensity workout. Classes will include warm-up, stretch, aerobics, weights, training balls, and floor exercises.

Circuit Interval Workouts are great for establishing a base level of fitness, by working both the cardio-vascular system and muscular strength in "manageable bouts." Our cardio Interval Monday workout is alternating bouts of high intensity work followed by lower intensity recovery or rest. We'll alternate between cardio aerobic activity for 3-5 minutes followed by a minute or so of strength activity.

Our Circuit Workout Thursdays will be multiple stations that include cardio and strength training exercises as we move around to complete a circuit. This workout combines the most effective exercises for each body part, performed as circuit workouts. Small bursts of cardio will be thrown into the mix to fuse this workout into the perfect all round fitness, weight loss, and toning workout.



Please bring your own mat and water bottle to class. **Min/Max: 6/20**

Program – Session #	Age Group	Day / Type	Dates	Time	Location	Session Fee	Instructor
265-1	Adults	Cardio Interval Mondays	April 23, 30 May 7, 14, 21 June 4, 11	9:20-10:20 AM	32 Nagog Park Drive (Chinese Martial Arts)	\$45	Maura Haberman AFAA Certified Instructor
265-2	Adults	Circuit Thursdays	April 26 May 3, 10, 17, 24, 31 June 7, 14	9:20-10:20 AM	32 Nagog Park Drive (Chinese Martial Arts)	\$51	Maura Haberman AFAA Certified Instructor
265-3	Adults	Cardio Interval Mondays & Circuit Thursdays	April 23, 26, 30 May 3, 7, 10, 14, 17, 21, 24, 31 June 4, 7, 11, 14	9:20-10:20 AM	32 Nagog Park Drive (Chinese Martial Arts)	\$80	Maura Haberman AFAA Certified Instructor

***Aerobic Exercise:** Burns calories • Improves heart function • Lowers your resting heart rate • Improves lung function • Increases blood vessel capacity • Serves as warm up and cool down • Improves immune system function • Increases work, recreational and sports performance • Increases work, recreational and sports performance • There are many benefits of aerobic exercise, including living a longer more productive life •*

MAT PILATES WITH SARAH



Pilates strengthens your mind and body. Pilates improves core strength, balance, coordination and postural alignment while building lean muscle. Anyone can learn Pilates. Exercises can be modified to accommodate any fitness level. Classes incorporate fun props—stability balls, small toning balls, and flexbands. Please bring your own mat and water bottle to class.

Min/Max: 6/20



Program – Session #	Age Group	Day	Dates	Time	Location	Session Fee	Instructor
266-1	Adults	Wednesdays	April 25 May 2, 9, 16, 23 June 6, 13	9:20-10:20 AM	32 Nagog Park Drive (Chinese Martial Arts)	\$73	Sarah Hyland Certified Stott Pilates Instructor
266-2	Adults	Fridays	April 27 May 4, 11, 18, 25 June 1, 8	9:20-10:20 AM	32 Nagog Park Drive (Chinese Martial Arts)	\$73	Sarah Hyland Certified Stott Pilates Instructor
266-3	Adults	Wed & Fri	April 25, 27 May 2, 4, 9, 11, 16, 18, 23, 25 June 1, 6, 8, 13	9:20-10:20 AM	32 Nagog Park Drive (Chinese Martial Arts)	\$146	Sarah Hyland Certified Stott Pilates Instructor

ZUMBA! JOIN THE PARTY

ZUMBA®fitness is a dynamic and exciting dance fitness class fusing international musical rhythms and movement into a fun and easy class that tones and sculpts your entire body. **Zumba® fitness is fun, effective and easy to learn.** The Latin rhythms create a party-like atmosphere that delivers results and a “feel happy” workout! No previous dance or fitness experience needed. Zumba® is a great cardio conditioning workout. Just bring comfortable dance shoes or sneakers, towel, water bottle and your smile. Instructor Gina Flaherty is a certified Zumba® dance and fitness instructor. She has extensive training in ballet, Jazz and hip-hop and has expanded her solid dance and fitness foundation to include ZUMBA®fitness, the international dance and fitness sensation! **For ages 16+**



Program – Session #	Age Group	Day	Dates	Time	Location	Session Fee	Instructor
267-1	Adults	Tuesdays	April 24 May 1, 8, 15, 22 June 5, 12	9:20-10:10 AM	32 Nagog Park Drive (Chinese Martial Arts)	\$55	Gina Flaherty Certified Zumba Instructor
267-2	Adults	Wednesdays	April 25 May 2, 9, 16, 23 June 6, 13	10:20-11:10 AM	32 Nagog Park Drive (Chinese Martial Arts)	\$55	Gina Flaherty Certified Zumba Instructor
267-3	Adults	Tues & Wed.	April 24, 25 May 1, 2, 8, 9, 15, 16, 22, 23 June 5, 6, 12, 13	Tues: 9:20-10:10 Wed: 10:20-11:10	32 Nagog Park Drive (Chinese Martial Arts)	\$90	Gina Flaherty Certified Zumba Instructor

WELLNESS UNIVERSITY



The Acton Board of Health and Acton Public Health Nursing Service are pleased to announce the 5th Annual “Wellness University.”

Wellness University is an event that has been designed to address the health and wellness needs of Acton residents. The day's programming consists of classes that will focus on different aspects of wellness ranging from nutrition, healthy living, fitness and much, much more. The day will be complemented by an exhibit area that will be available throughout the day for participants to receive information on local health and wellness services as well as information on health care, a variety of fitness, nutrition and other age appropriate topics. This is a free day to attendees and we rely heavily on donations from local businesses to make this day possible. *If you are interested in attending we now have easy online registration at*

www.acton-ma.gov/register If you are a business or want to attend and would like more information, contact the Acton Health Department at 978-929-6632

Program – Session #	Age Group	Day	Date	Time	Location	Session Fee	Instructor
268-1	Adults 30+	Saturday	March 31	9:00-2:00 PM	Acton-Boxborough Regional High School 36 Charter Road	Free	Acton Board of Health & Acton Nursing Services

CONSERVATION TRAIL WALKS

Explore Acton's Conservation Areas with our own renowned Conservation Director, Tom Tidman. Each class will be held at a different conservation area in town. First class will meet at the Acton Arboretum. Learn about the native plants and wildlife habitats that make Acton such a unique place to live along these great trails. **Min/Max:** 3/10

Program – Session #	Age Group	Day	Dates	Time	Location	Session Fee	Instructor
269-1	Adults	Fridays	April 27, May 4, 11, 18	10:00-11:30 AM (approx. end time)	First class meets at Acton Arboretum	\$15	Tom Tidman



MT. AUBURN CEMETERY—SPRING MIGRANT WALK

Join Andy Magee, amateur birder, who will lead a bird walk for adults, searching for and discussing spring migrants, with a focus on warblers. Meet at the Acton Town Hall entrance at 6:00 AM, where participants will carpool on to Mount Auburn Cemetery, one of eastern Massachusetts' premier spring birding locations. Tour will be for approximately three and one-half hours (7:00-10:30 AM), with return to Acton Town Hall by 11:30 AM. Bring your binoculars. **Max:** 12

Program – Session #	Age Group	Day	Date	Time	Location	Session Fee	Instructor
270-1	Adults	Wednesday	May 9	6:00-11:30 AM	Meet at Town Hall—Carpooling Encouraged	\$10	Andy Magee

BIRDING IN ACTON

Join well known local birder Andy Magee as he leads a series of four weekly birding walks for adults through different environments in Acton. Walks will last approximately two hours. First class will meet at the Acton Town Hall and locations for subsequent walks will be discussed each week. Bring your binoculars and get ready to be surprised by the number and diversity of bird species you're sure to see while hiking Acton's rich and varied conservation lands. Bring your binoculars. **Max:** 12



Program – Session #	Age Group	Day	Dates	Time	Location	Session Fee	Instructor
271-1	Adults	Thursdays	May 3, 10, 17, 24	7:00-9:00 AM	1st Class Meet at Town Hall Entry	\$30	Andy Magee

WHAT CAN I GROW IN ACTON?



Join Cathy Fochtman, Master Gardener, in planning a new garden scheme to add more curb appeal to your home! If you are new to gardening, this is an excellent way to get acquainted with local resources for gardening in Acton! We will explore each of the topics and discuss how to integrate it into your existing landscape. Bring photos or sketches of your property and you will leave with instructions and a resource list. Cathy volunteers for the Friends of the Acton Arboretum and is a member of the Massachusetts Master Gardener Association and Acton Garden Club. This class is geared for adults. **Min/Max:** 4/12



Program – Session #	Age Group / Theme	Day	Date	Time	Location	Session Fee	Instructor
272-1	Adults: Perennials	Thursday	May 10	10:00-11:30 AM	NARA Park Bathhouse	\$25	Cathy Fochtman
272-2	Adults: Trees & Shrubs	Thursday	May 17	10:00-11:30 AM	NARA Park Bathhouse	\$25	Cathy Fochtman

ADULT VOCAL CLASS ~ YES YOU CAN SING!

Yes! *You can sing!* This class is designed for adults who have always wanted to develop and improve their voices but were afraid to try! Beneficial for singing in the car, in the shower, and the choir! You will learn the mechanics of singing: breathing and breath support, opening up the throat, and how to produce a clear, focused tone. Other areas covered will be posture, diction, and any other issues that arise. This is a fun and supportive class and we will sing a variety of repertory from folk, classical, sacred, musical theatre, etc. There will be ensemble singing as well as individual coaching. www.concordconservatory.org
Min/Max: 4/8



The Concord
Conservatory of Music

Program-Session #	Age Group	Day	Dates	Time	Location	Session Fee	Instructor
273-1	Adults	Wednesdays	April 4-June 13	7:00-8:00 PM	1317 Main Street W. Concord	\$228	Elizabeth Johnson

LEARN HOW TO BE A BETTER PHOTOGRAPHER

The purpose of this course is to help you become a better photographer and to develop your own unique photographic style. Have you ever said WOW! when you looked at one of your images and then asked yourself why you can't make more images like that one? This workshop will introduce you to techniques and tools that you can use to produce consistently stronger visual statements.

The workshop will be on two successive Saturdays. Each day will start with a group discussion and instruction, followed by a group photo shoot at a location in Acton or the MetroWest area and will conclude with a critique/windup at the end of the day. This workshop is for anyone who would like to improve as a photographer. Digital cameras only. Please, no smart phones. The workshop is led by Acton resident and professional photographer, Tom Arnold. Min/Max: 4/10



Program – Session #	Age Group	Day	Dates	Time	Location	Session Fee	Instructor
274-1	16 & up	Saturday	May 5, 12	10:00 AM-4:30 PM	Instructor will give the locations	\$185	Tom Arnold



INTERNATIONAL SUPPER CLUB – ALL NEW!

Share your love of cooking with others! At our first meeting we'll organize the basic structure of our new supper club and take time to get to know one another over coffee and light refreshments. Each month the supper club will designate a different leader who will choose the theme for the following month and find authentic recipes. The leader will then assign supper club members each a recipe to prepare and bring to the meeting to share.

Program – Session #	Age Group	Day	Dates	Time	Location	Session Fee	Host/Organizer
275-1	Adults	Wednesdays	March 28, April 25, May 23, June 20, July 25, August 29, September 26	6:00-8:30 PM	Instructor will give the locations	\$28	Maura Haberman Acton Rec. Dept.

Donation Campaign for Special Events & Concerts Recreation E-Newsletter Sign-up

~ I feel that the greatest reward for doing is the opportunity to do more. ~ Dr. Jonas Salk

DONATION CAMPAIGN: We offer many free events because of the generosity of those in our community, both business and private citizens. Your support allows us to continue offering a wide variety of programs, making Acton the premier town that we live and work in. Each dollar donated is used for the specific purpose given. Your donation is tax deductible.

I would like to donate towards:

- Playground Improvements \$_____
- Summer Concerts \$_____
- Special Events (July 4, Winter Carnival, Bluegrass Festival) \$_____
- NARA Park Amphitheatre Improvements \$_____
- TJ O'Grady Skate Park Improvements \$_____

PLEASE ADD US TO RECREATIONS E-NEWS:

Please print your name: _____

Email Address: _____

Please mail to: Acton Recreation Department, 472 Main Street, Acton, MA 01720

FAMILY FUN & MORE

FAMILY CAMPOUT IN THE PARK

The season for camping is quickly approaching! Registrants will have the opportunity to pitch a tent and camp out at NARA Park. Not only is NARA beautiful during the day, the nighttime view of the stars is spectacular. So join the fun with family and friends! We'll have a campfire, games, crafts, and early bird boating and swimming. You must provide your own food, beverages, tent, sleeping bags, flashlights and other personal items. We do have community grills onsite for those wishing to grill supper. Our bathrooms will remain open during the night and our snack bar will be open until 10 PM. If you bring your dog, it must be on a leash at all times.

Don't wait until it's too late... pre-registration is required by June 21. Min/Max Families: 10/40



Program – Session #	Amount in Family	Day	Date	Time	Location	Session Fee	Host
276-1	1 Person	Saturday 5 PM-Sunday 9 AM	June 30	5PM-9AM	NARA Park-Check-in at Bathhouse	\$8	Acton Recreation Dept.
276-2	2 Persons	Saturday 5 PM-Sunday 9 AM	June 30	5PM-9AM	NARA Park-Check-in at Bathhouse	\$13	Acton Recreation Dept.
276-3	3 Persons	Saturday 5 PM-Sunday 9 AM	June 30	5PM-9AM	NARA Park-Check-in at Bathhouse	\$18	Acton Recreation Dept.
276-4	4 Persons	Saturday 5 PM-Sunday 9 AM	June 30	5PM-9AM	NARA Park-Check-in at Bathhouse	\$23	Acton Recreation Dept.
276-5	5 Persons	Saturday 5 PM-Sunday 9 AM	June 30	5PM-9AM	NARA Park-Check-in at Bathhouse	\$28	Acton Recreation Dept.
276-6	6+ Persons (Same household)	Saturday 5 PM-Sunday 9 AM	June 30	5PM-9AM	NARA Park-Check-in at Bathhouse	\$33	Acton Recreation Dept.

COMMUNITY YARD SALE AT NARA PARK!



ONE MAN'S TRASH, ANOTHER MAN'S TREASURE!

It's that wonderful time of year we look forward to...spring cleaning. Have a few small household items you want to sell and would like to have find a new home or recycle that special gift you received? Why not join us for our first Community Yard Sale at NARA Park? **Proceeds from the Community Yard Sale to benefit the Free Summer Concert Series at NARA Park. All items are carry-in, carry-out.**



Min: 15

Program – Session #	Age Group	Day	Date	Time	Location	Session Fee	Instructor
277-1	Space must be rented by adult	Saturday	April 28	8AM-Noon	NARA Park Lower Parking Lot	\$40 per 10' x 10' space location - bring your own table	Acton Recreation Department

ACTON DRUM & DANCE EVENING



PRESENTED BY ACTON DRUM DANCE

Celebrate spring at our annual drum and dance evening around the fire. In a beautiful location, under the nearly full moon, it's about listening to each other, co-creating music and dancing our spirit. You're welcome to bring your own hand drums and percussion, or simply come to dance and enjoy a mix of traditional African rhythms and organized rhythm jams. This is a free event and open to all ages and experience levels.



Day	Date	Time	For More Information- visit their website!
Saturday	June 2	7:30-10:30 PM	www.actondrumdance.org

REGISTER EARLY! Nothing stops a program faster than everyone waiting until the last minute to register for it! As some point, we have to determine if our enrollment is sufficient to hold the class. If you are planning on signing up the first day of class, we don't know that. We may cancel, and you'll be out of luck. Don't assume, Register Early!

MODEL ROCKET FLYING DAYS

Enjoy the excitement of model rocketry in a fun and safe environment that the whole family will enjoy. They'll be well over two hundred flights to watch with all shapes and sizes of rockets! Or bring your own model rockets and motors to launch. The Central Massachusetts Spacemodeling Society (CMASS) manages the launch with their professional-quality range equipment. Event Contact: Jim Salem (978) 635-1911

NOTE: Pre-registration is not required. Onsite registration will be available.



Day	Date	Time	Location	Cost	For more information-including weather cancellation visit their website
Saturday	August 11	10:30-4:00 PM	School Street Soccer Fields	Free for kids and CMASS members, \$5 for adults for unlimited flights	www.cmass.org
Saturday	August 25	10:30-4:00 PM	School Street Soccer Fields	Free for kids and CMASS members, \$5 for adults for unlimited flights	www.cmass.org

MT. HOPE CEMETERY TOUR



(MAKE-UP TOUR FROM LAST FALL'S HALLOWEEN STORM!)

Your guided tour will begin at the Chapel at Mt. Hope Cemetery with former Historical Society President and current Cemetery Commissioner, Bill Klauer. The tour will begin at 2PM and conclude approximately at 4PM. Participants will discover the resting places of our Civil War Veterans. Don't forget to bring your camera. Please wear comfortable walking shoes. Following the tour, complimentary refreshments will be provided. **Please pre-register online or mail in registration form.**

Program – Session #	Age Group	Day	Date	Time	Location	Session Fee	Instructor
278-1	Open	Saturday	June 2	2:00-4:00 PM	166 Central St., So. Acton	\$ Free*	Bill Klauer

* A free-will donation to benefit Acton Historical Society greatly appreciated.



CAMPING AT CAMP ACTON

Camp Acton – a great local place to recreate! There are seven campsite locations available for overnight camping. Camp Acton is located off Pope Road via road access gate to Camp Acton. In order to use Camp Acton for overnight camping, a permit application must be completed. Camp Permit Forms can be found at: <http://www.actontrails.org/CampActonForm.pdf>. Completed forms are submitted to the Recreation Department for processing. Once approved, a fee of \$15 per site-per night is required. You may call or email to inquire about availability for a particular date—however all sites are permitted on a first-come basis.

ACTON TRAILS GUIDE

Although regular physical exercise offers many benefits, people who are seeking ways to become more active often overlook the opportunities that trails offer. Trails can be found everywhere, from national and state parks to urban areas. They provide a wide variety of ways to be physically active and have fun.

A high quality color guide book, *Acton Conservation Trail Guides* can be purchased for \$10 through the Recreation Department located at the Acton Town Hall.



ACTON 2020: PRESENTING....THE PLAN

TUESDAY, MARCH 6 AT 7PM, ACTON TOWN HALL

Acton 2020 will be presenting the full and final comprehensive community plan for Acton on March 6th. The presentation represents the culmination of several years of hard work, including thousands of volunteer hours as well as thousands of community members providing valuable inspiration, ideas, and feedback. Come learn more about what the future holds for Acton!

For more information or to view the plan, please visit: www.acton2020.info

FROM THE TOWN CLERK



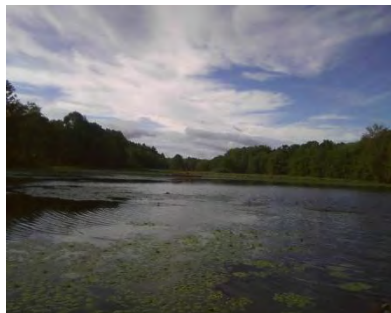
IMPORTANT INFORMATION ON UPCOMING ELECTIONS

The Annual Town Election will take place on **Tuesday, March 27**.
The last day to register to vote for this election is Wednesday, March 7.

The Presidential Primary will take place on **Tuesday, March 6**.

ICE HOUSE POND IN ACTON NEEDS YOUR HELP!

VOLUNTEER FOR COMMUNITY SERVICE~SPONSORED BY THE TOWN OF ACTON NATURAL RESOURCES DEPARTMENT AND THE TOWN OF ACTON DEMOCRATIC COMMITTEE.



Water chestnuts are an invasive plant that proliferate, float on the surface and clog waterways negatively impacting ecosystems. Eventually they cause the open water to disappear and transform into marshes or swamps. For more information on water chestnuts, visit:

www.waterchestnut.org

There are two jobs: help unload boats and dump water chestnuts on shore; and/or go out in boats and collect water chestnuts growing on the surface of the pond and paddle them back to shore for dumping. If you have a canoe or kayak, please bring it. PFD's required in boats—no non-swimmers in boats. Be prepared to get muddy and wet and don't forget sun protection (hats, sunscreen, and dark sunglasses). Free snacks, pizza lunch, lemonade and work gloves provided (donated by the Acton Town Democratic Committee).

For questions or to sign-up to volunteer, please contact Bettina Abe at babe@acton-ma.gov

The plants, animals, and people who enjoy Ice House Pond thank you!

Age Group	Day	Date	Time	Location
13 & up	Saturday	July 28	10:00-2:00 PM	Concord Road

IRON WORKS FARM ANNUAL EQUINOX PARTY

Party fundraiser for Iron Work Farm in Acton, Inc., on March 17th in the Ballroom of Exchange Hall (2 School Street, Acton). Irish fiddler, "Honey Fitz" and the Bruce Marshall Band all add to the Green of IWF's annual Equinox Party. For ages 21 & up only. \$40.00 per person, \$75.00 for couples. Light appetizers, cash bar of beer and wine.

Day	Dates	Time	For questions or to buy your ticket - Visit Their Website!
Saturday	March 17	7:00-11:00 PM	www.ironworkfarm.org or call 978.697.4891

IT'S ACTON DAY WITH THE LOWELL SPINNERS!

Transportation is not included with ticket purchase.

Stephen King Bobble Head Giveaway

Suspense, Horror, Fiction...the king is Stephen King and what better way to celebrate Friday the 13th than with a bobble head! It's turn #2 for Mr. King and the second time around is always better than the first!

First 1,000 Fans

Presented by MVFCU/Trinity EMS

Halloween Night

Bust out the costume early and prepare for a "spook-tacular" night at the ballpark! Trick or Treating on the concourse for the young fans!

Presented by MVFCU/Trinity EMS

Program – Session #	Day	Date	Game Time	Location	Per Ticket	Special Note
279-1	Friday	July 13	7:05 PM	Actual Address for GPS: 450 Aiken St., Lowell, MA 01854	\$5	Check or cash only. Sorry not available online or by credit card. You may send in registration form with check or come by our office located in the Acton Town Hall.

Do you have an idea for a class? We want your suggestions for new classes and proposals from prospective new instructors. Contact us at: recreation@acton-ma.gov

Public Transportation in Acton – YES!!!!



www.minutevan.net

MinuteVan is a service of the Town of Acton
Rail Shuttle funding is provided in part by the Boston MPO and massDOT



E-mail: coordinator@minutevan.net or Call: 978-844-6809

Did you know? Adults 60+ can use the Council on Aging Van and Road Runner and adults with disabilities can use the Council on Aging Van. Everyone age 12 and up can use MinuteVan.

Share your suggestions: Write to the Transportation Committee at tac@acton-ma.gov. We are always trying to improve the service.



The MinuteVan Rail Shuttle. This commuter shuttle runs from the West Acton Fire Station on Central Street in Acton and the Mt. Calvary Church on Prospect St. in Acton to the MBTA Commuter Rail Station in South Acton. The service provides parking options for commuters since there is limited parking available at the S. Acton MBTA train station lot.

The service runs between 6:45 and 9:25 AM and then again between 5:10 and 7:30 PM.
Participants can sign up for:

- Bus pass/parking sticker combo. Entitles you to a guaranteed space in the West Acton Fire Station parking lot or the Mt. Calvary Church parking lot and transportation on the shuttle. Cost is \$250.
- A bus pass only for \$200 per year that does not include a parking space.
- 10-ride ticket booklets can be purchased by mail order or directly from the driver. Cost is \$10 per booklet. Each ticket is good for a one-way trip on the shuttle and does not include parking.
- Day Passes may be purchased from the driver at a cost of \$3 per day.
- Monthly passes may be purchased from the driver. Cost is \$40 per month and includes parking and shuttle trip.
- Single trips from the parking lot to the train station on the shuttle can be paid with a \$1 fare on the shuttle. This does not include parking.



The MinuteVan Dial-A-Ride shuttle is an exciting new service of the Town of Acton.

The service runs from 8:00 – 11:00 AM and 3:00 to 8:00 PM Monday through Friday.

Call 978-844-6809 or book your trip on-line.
Trips must be booked 24 hours in advance.

The MinuteVan serves any location within 3.5 miles of Acton Town Hall plus some other locations

A sampling of locations outside of the Town of Acton that are acceptable destinations are:

- Food Pantry, Boxborough
- Emerson Hospital, Concord
- Concord Hillside Medical Offices, Concord
- Cooperative Elder Services Inc., Concord
- West Concord MBTA Station
- West Concord Center
- Nashoba Skating Rink, Boxborough
- Maynard Center
- Sargent Library in Boxborough

RECREATION BUS TRIP FORM

Please Print All Information - Signature Required Below
[Online registration now available](http://www.acton-ma.gov/register) www.acton-ma.gov/register

Trip: _____ Program # _____ Session # _____
(Participants under 18 must have parent/guardian/chaperone – parent must sign below for youth under 18)

Participant Name 1: _____ Age: _____
Participant Name 2: _____ Age: _____
Please add additional page if necessary.

Mailing Address: _____ Town: _____ Zip: _____

Email: _____
(Note: Your e-mail addresses will not be shared-they are used for program/bus updates and Recreation news)

Telephone: _____
Call 1st _____ 2nd _____ 3rd _____

NOTES: _____

SPECIAL ACCOMMODATIONS-In order to enhance participation, please identify special needs: _____

BY SIGNING BELOW:

I agree to hold harmless the Town of Acton and/or its employees from claims or liability related to any accident or injury that may occur. I give permission for medical treatment to be given if the need arises.

I acknowledge the REFUND, CANCELLATION & WITHDRAWAL policy outlined for this trip as described in program. If trip is cancelled due to the lack of minimum participants, a full refund will be issued. Please note that pickup/drop-off locations are subject to change due to participant numbers. Any and all changes, refund requests, and special requests must be submitted in writing.

Signature of Participant 1

Signature of Participant 2

I am traveling with other people who are registered on a separate form.

They are: _____

Other (i.e. meal selection if applicable): _____

The Recreation Department accepts cash, check, money order, VISA or MasterCard.

Checks payable to: Town of Acton.

[Online registration now available! www.acton-ma.gov/register](http://www.acton-ma.gov/register)

Or mail / bring completed registrations with payment to:

Town of Acton Recreation Department, 472 Main Street, Acton, MA 01720

Phone: (978) 929-6640 Website: www.acton-ma.gov

For Recreation Staff: Paid \$ _____ Check # _____ MC VISA Date: _____ Rc'd by: CF MH MS CG MS
BAL DUE: \$ _____

TALL SHIPS & OPSAIL 2012 SPECTACULAR



Depart at 8AM for 2012's most special event. In the summer of 2012, the Tall Ships and U.S. Naval Ships will once again parade into historic Boston Harbor. This magnificent fleet will visit Boston as part of OpSail 2012, which is commemorating the United States Navy's actions in the War of 1812. Boston is featuring the U.S.S. Constitution, also known as 'Old Ironsides' after British cannonballs bounced off her sides during the conflict. After departing this morning, you'll travel to Boston where the many ships will be docked along the Boston Harbor. On arrival, you'll board the Provincetown II cruise vessel for an exciting 1 ½ hour narrated Boston Harbor cruise to view the world's largest and grandest sailing ships. The Provincetown II is a superb vessel, equipped with food and beverage service as well as large decks to view the flotilla. As you sail the harbor, your Captain will relate important information about the ships that you are viewing. Returning to dockside you'll now be able to view the docked vessels at anchor. What a spectacle as the event of 2012 takes place. After a visit to Quincy Market and the beautiful Rose Kennedy Greenway, you'll return home at 5PM after a wonderful day of experiencing "OpSail Boston 2012."

Cancellation Policy: Full payment is due at time of reservation. This trip is nonrefundable.

Min: 40

REGISTRATION DEADLINE: June 1

Program #	Age Group	Day	Date	Time	Pick-up Location	Session Fee	Bus Operator
280-1	Adults - Under 18 must be accompanied by adult	Sunday	July 1	Depart 8:00 AM Return 5:00 PM	Depart Acton Town Hall	\$72	Silver Fox Tours 800.342.5998

CAPTAIN JACK'S LOBSTER BAKE & FOXWOODS RESORT CASINO



Featuring a delicious lobster clambake at Captain Jack's & exciting casino gaming at Foxwoods Casino. We'll depart in the morning onboard a luxury Silver Fox Coach. Of the many ways to experience Rhode Island, what better manner than a delicious lobster clambake! You'll travel south into Rhode Island and head towards Narragansett Bay and Captain Jack's Restaurant in Wakefield, where your menu is: cup of chowder and three clam cakes, shrimp cocktail, choice of 1 ¼ whole boiled lobster or prime rib of beef, ear of corn, apple crisp w/ice cream, rolls, butter, and beverage. After this feast, you'll continue to Foxwoods Resort Casino, the internationally recognized gaming destination. With its six beautiful casinos, Foxwoods offers more than 6,400 slot machines, 350 table games, and the world's largest bingo hall. Keno lovers can play the ever popular Keno



throughout the property, as well as in a comfortable Keno lounge. You'll depart for home, arriving back in the evening.

***(Please Choose Entrée at Sign-up: Lobster Prime Rib)**

TOUR INCLUDES: · Capt Jack's Lobster Bake · Foxwoods Resort Casino - **\$25 Casino Bonus!!!** Buffet Coupon (\$15.00) & \$10.00 Lucky Seven Keno, · Luxury Silver Fox CD/DVD Motor Coach

Cancellation Policy: Full payment is due at time of reservation. This trip is nonrefundable.

Min: 40

REGISTRATION DEADLINE: April 20

Program - Session #	Age Group	Day	Date	Time	Pick-up Location	Session Fee	Bus Operator
281-1	21 & up	Saturday	May 19	9:00 AM-7:30 PM	Depart Acton Town Hall	\$65pp (please make entrée selection at sign-up)	Silver Fox Tours 800.342.5998

THE STATUE OF LIBERTY, ELLIS ISLAND & THE 911 MEMORIAL

Experience America's Icon of Freedom! The Statue of Liberty, America's Icon of Freedom, was also completely restored in 1986 and continues to be one of America's most popularly visited attractions. Representing freedom from oppression and tyranny, the Statue represented a new way of life for the many immigrants who journeyed to America. Ellis Island, the Gateway to America, occupies a permanent place in America's history. More than half of the immigrants entering the United States between 1892 and 1924 passed through its gates. They came to this country on dark, crowded ships with only their hopes, dreams and fears. Re-live their journey to America!

Depart at 6AM on your luxury CD/DVD/WiFi Silver Fox Motor Coach. A coffee/ breakfast stop will be made as you travel to New York this morning. Upon arriving in NYC you will board a ferry which will take you to both the Statue of Liberty and Ellis Island. You'll have time to view all the exhibits which focus on the great immigration to America and the effects both had on their families and their newly adopted homeland. There are cafeterias on both Ellis and Liberty Island for luncheon (on your own). Upon return to the mainland, you'll walk to nearby Ground Zero, where you will be admitted to the 9-11 Memorial. Erected in memory of all those who died in the September 11th terror attacks, The Memorial is a powerful reminder of the need to be vigilant as it is a special remembrance of those victims whose names are inscribed on the two fountains that form the Memorial. Expected arrival home is 10:30 PM after a memorable day in New York, the Big Apple! A fast food stop will be made on the trip home.

TOUR INCLUDES: Ellis Island, Statue of Liberty Tour, Ground Zero 'Memorial Moment' <subject to availability>, and luxury Silver Fox CD/DVD/WiFi Motor Coach

Important Notes:

I. The Statue of Liberty is indeed open during all of 2012!

II. Visits to the New 9/11 Memorial are available on a first-come, first-served basis.

Cancellation Policy: Full payment is due at time of reservation This trip is non-refundable.

Min: 40

REGISTRATION DEADLINE: Monday, July 2



Program - Session #	Age Group	Day	Date	Time	Pickup Location	Session Fee	Bus Operator
282-1	Adults over 18	Friday	August 3	Depart 6 AM Return 10:30 PM	NARA Park Beach Lot	\$82	Silver Fox Tours 800.342.5998
282-2	Children 18 & Under (must have parent or guardian)	Friday	August 3	Depart 6 AM Return 10:30 PM	NARA Park Beach Lot	\$72	Silver Fox Tours 800.342.5998

RED SOX VS. ORIOLES IN BALTIMORE



Featuring Washington D.C. Sightseeing & Red Sox vs. Orioles at Camden Yards.

Sports legends match great teams and cities against each other. For that reason alone, the Boston Red Sox and the Orioles share a great tradition and rivalry. Baltimore is the birthplace of baseball's legendary here, George Herman "Babe" Ruth.



Day 1: Depart at 7AM for a great tour featuring the Red Sox vs. Orioles at Camden Yards. On day one, you'll travel to Baltimore's Inner Harbor to enjoy the lively atmosphere of great restaurants and shops. Then you'll enjoy pre-game warm-ups and at 7:30pm, sit back in your reserved seat to enjoy the Red Sox battle one of their division rivals. Your hotel is deluxe in all respects, equipped with all amenities, including an indoor pool. **On Day 2,** enjoy a delicious breakfast. You'll tour Washington D.C. including historic sights and institutions that you have heard so much about. You'll begin on the Capitol Mall at the World War II and FDR Memorials. Then you'll visit the Air & Space Museum that houses Lindberg's 'Spirit of St. Louis' and other aeronautical attractions. After your exciting day in Washington, you'll return to your hotel and relax for the evening. **On Day 3,** enjoy another delicious hot breakfast before you board your coach for the return trip home. You'll arrive home in the early evening after a most memorable time in Washington D.C. and Baltimore. This tour includes: Deluxe hotel accommodations, two breakfasts, Red Sox vs. Orioles, reserved seating, Washington D.C. sightseeing, Luxury Silver Fox CD/DVD/WiFi Motor Coach. Youth under age 18 must have parent or guardian.

Cancellation Policy: \$50 pp cancellation fee August 12 or prior, beginning August 13, no refunds permitted.

Min: 40

REGISTRATION DEADLINE: August 13

Don't delay—these trips fill-up!

Program – Session #	Age Group	Day	Date	Time	Location	Session Fee	Bus Operator
283-1	Adult or Child Based on Double Occupancy	Fri-Sun	Sept. 28-30	Fri. 7 AM Depart Acton Sun. early evening arrive in Acton	Depart NARA Park (beach lot)	\$308 pp double	Silver Fox Tours 800.342.5998
283-2	Adult or Child Based on Triple Occupancy	Fri-Sun	Sept. 28-30	Fri. 7 AM Depart Acton Sun. early evening arrive in Acton	Depart NARA Park (beach lot)	\$295 pp triple	Silver Fox Tours 800.342.5998
283-3	Adult Based on Single Occupancy	Fri-Sun	Sept. 28-30	Fri. 7 AM Depart Acton Sun. early evening arrive in Acton	Depart NARA Park (beach lot)	\$411 pp Single	Silver Fox Tours 800.342.5998
283-4	Children accompanied by two adults	Fri-Sun	Sept. 28-30	Fri. 7 AM Depart Acton Sun. early evening arrive in Acton	Depart NARA Park (beach lot)	\$258 per child accompanied by two adults	Silver Fox Tours 800.342.5998

NYC 2012 HOLIDAY TRIP ~ PLAN EARLY



New York, New York! The Big Apple! Here you're off on your own to get an early start on your shopping, spend the day sightseeing, or visit New York's world class museums. From the latest fashion on Fifth and Madison Avenues to quaint antique shops in Greenwich Village, from the world's largest department stores to discount and bargain shops, the Big Apple has it all!

Your Special New York City Holiday Itinerary! **Depart Acton at 6:00 AM** on a luxury Silver Fox Motor Coach. A coffee stop (on your own) will be made along the way. For your convenience, a map of NYC illustrating points of interest will be provided for all. On arrival in New York, stops will be made at both Rockefeller Center and Macy's for your convenience. You're on your own to enjoy the 'Big

Apple' and see the sights, including the Rockefeller Christmas Tree, all aglow. You can visit one of Broadway's exciting shows, attend one of New York's world famous museums, the Metropolitan Museum of Art, the Guggenheim or similar, or enjoy shopping and sightseeing on Fifth Avenue. New York's the place to be!

You'll depart at 6:30 PM from New York City, making a dinner stop (on your own) before returning home after spending a wonderful day in 'The Big Apple.' Trip includes: luxury Silver Fox motor coach, New York City map and attractions list.

Cancellation Policy: Full payment is due at time of reservation. This trip is nonrefundable.

Min: 40 **REGISTRATION DEADLINE:** November 16

Program – Session #	Age Group	Day	Date	Time	Location	Session Fee	Instructor
284-1	Adults - Under 18 must be accompanied by adult	Saturday	December 8	Depart 6:00 AM Return 11:00 PM	Depart NARA Park Beach Lot	\$69 pp	Silver Fox Tours 800.342.5998

2012 Events*

Day	Date	Time	Event Name	Location	Performers Website
Friday	4-May	2:30-6:30PM	Skate Park 6th Anniversary Event **	Skate Park	www.acton-ma.gov/events
Sat-Sun	19-May	3PM-9AM	Relay for Life	NARA Park	www.relayforlife.org
Thursday	14-Jun	6:30 PM	Classical Concert Evening "A Far Cry" String Quartet **	NARA Park	www.acton-ma.gov
Saturday	16-Jun	2-10PM	2nd Annual Acton Bluegrass Festival	NARA Park	www.amygallatin.com
Thursday	28-Jun	6:30PM	Classical Concert Evening Triton Brass Quintet **	NARA Park	www.acton-ma.gov/events
Saturday	30-Jun	1PM-5PM	Beach Party Blast featuring Dell Smart ExitIn **	NARA Park Beach	www.dellsmartexitin.com
Wed.	4-Jul	3-10PM	Independence Day Celebration (Family Fun, Concert featuring the Blushing Brides , Fireworks) **	NARA Park	www.theblushingbrides.com
Thursday	5-Jul	Fireworks Only	Independence Day Celebration -Rain Date (Fireworks only) **	NARA Park	www.acton-ma.gov/events
Thursday	12-Jul	6:30PM	Summer Concert Night The Help Wanted Band (Country) **	NARA Park	www.thehelpwantedband.com
Thursday	19-Jul	6:30PM	Summer Concert Night: The Hootchies (Northern Fried Rock) **	NARA Park	www.thehootchies.com
Saturday	21-Jul	8-10:30PM	Special Ticketed Concert: Beatlejuice (Beatles) - Buy your tickets now at www.mktix.com	NARA Park	www.muzzdrums.com
Friday	27-Jul	7:30-9 PM	United States Air Force Band of Liberty Concert Band **	NARA Park	www.bandofliberty.af.mil
Saturday	28-Jul	3-7PM	Sri Lanka Day **	NARA Park	www.slaneusa.com
Thursday	2-Aug	6:30PM	Summer Concert Night: Hot Tamale Brass Band (Dixieland) **	NARA Park	www.hottamalebrassband.com
Saturday	11-Aug	7:30PM	Special Ticketed Concert Night: Gilmours Breakfast - Tribute to Pink Floyd - Buy your tickets now at www.mktix.com	NARA Park	www.gilmours-breakfast.com
Saturday	18-Aug	3PM-7PM	Essence of India! Check our website for updates! **	NARA Park	www.acton-ma.gov/events
Saturday	6-Oct	7-10 PM	Rocktober Concert	NARA Park	www.acton-ma.gov/events
Friday	19-Oct	7-9:30PM	Monsterbash - Circle the date!	NARA Park	www.acton-ma.gov/events

***All events/dates/times are subject to change if necessary. Please visit our website for updates. www.acton-ma.gov/events**

****Free admission**



Saturday, June 16

2-10 PM

**BLUEGRASS FESTIVAL ADMISSION
\$10 PER PERSON**

Beginning January 15, purchase your tickets in advance at [www. Mktix.com](http://www.Mktix.com)

Tickets will also be available at the door beginning at 1PM—cash only

ARTS & CRAFTS VENDORS FROM 2-6

Food Vendor will be onsite with grilled foods, snacks, beverages, beer & wine



Performer Lineup

- 2:00-2:45 THE BAG BOYS**
bagboys.com
- 2:55-3:40 DAWN KENNEY BAND**
dawnkenney.com
- 3:50-4:35 HOT MUSTARD**
hotmustardbluegrass.com
- 4:45-5:30 DAWN KENNEY BAND**

www.acton-ma.gov/events



& Stillwaters

www.amygallatin.com

HOT Mustard

Two banjos, no waiting



THE BAG BOYS
TRADITIONAL ORIGINAL
BLUEGRASS & WESTERN SOUNG

BLACKSTONE



VALLEY

BLUEGRASS



DAWN KENNEY

★ HOME ★ ABOUT ★ MUSIC ★ MEDIA ★ NEWS ★ CONTACT

- 5:40-6:25 BLACKSTONE VALLEY BLUEGRASS**
blackstonevalleybluegrass.com
- 6:35-7:20 HOT MUSTARD**
- 7:30-8:15 BLACKSTONE VALLEY BLUEGRASS**
- 8:30-10:00 AMY GALLATIN & STILLWATERS**
amygallatin.com

All activities are subject to change.
Lawn Seating Only. Lawn Chairs and Blankets Permitted.
NARA Park is located at 25 Ledge Rock Way, Acton, MA



Beach Party!

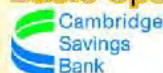
NARA Park Beach
Saturday, June 30
1-5 PM

2012



COMPLIMENTARY BEACH/SWIM 1-5 PM
REGGAE CONCERT FEATURING DELL SMART & EXITIN
WATERMELON EATING CONTEST!
WATER GAMES & WATER RACES
HULA DANCERS
SAND CASTLE CONTEST
AND MORE!

Basic Sponsor



Platinum Sponsor



www.dellsmartexitin.com

Original Caribbean and Reggae Band
<http://www.DellSmartExitin.com>



www.acton-ma.gov/events

TJ O'Grady Memorial Skate Park 6th Anniversary Event

Platinum Sponsor



Friday, May 4th from 2:30-6:30

Free

TJ O'Grady Memorial Skate Park

66 Hayward Road, Acton

Featuring Live Bands, Skate Demos & More

Hosted by the Acton Recreation Department & Danny's Place

www.acton-ma.gov/events

A Far Cry

The Annual Selectmen's Concert

Making music according to its own rules, A Far Cry "brims with personality," says the NY Times. The group of young musicians, called "brilliant" with "high musical standards and unbridled idealism" by The Boston Globe, is a groundbreaking, self-conducted string orchestra. It is Chamber Orchestra in Residence at Boston's Isabella Stewart Gardner Museum when it is not touring throughout the United States.

Four of its members will perform Mozart, Dvořák, Golijov, and other treats.

This concert is underwritten anonymously by a resident of Acton.

www.afarcry.org

A Far Cry at the Arnold Arboretum. (Photo by Yoon S. Byun)

Thursday, June 14

6:30 PM

NARA Park

Amphitheater

25 Ledge Rock Way

Acton

Admission: Free



TRITON BRASS QUINTET

A headline performer at the WGBH annual fundraiser. Triton Brass Quintet is in its second year as artists-in-residence at Boston Conservatory. Prize winners at the 2005 Lyon International Chamber Music Competition, 2003 Fischhoff International Chamber Music Competition, and semi-finalists at the Concert Artists Guild Competition, members of Triton Brass have performed with the Boston Symphony, The Boston Pops, Boston Philharmonic, &c., and in orchestra pits for Broadway shows.

Offering a program that jumps from sauciness to gentle and loving, Triton Brass will perform works by Lutoslawski, Monteverdi, Crespo, and Paul McCartney.

This concert is underwritten by the Steinberg-Lalli Charitable Foundation.



www.tritonbrass.org

Thursday, June 28, 2011

6:30 PM

NARA Park Amphitheater, 25 Ledge Rock Way, Acton

Admission: Free

BLUSHING BRIDES

One Night Only
NARA Park
Acton, MA
Wednesday, July 4
7:30 PM
Free Concert!
www.acton-ma.gov/events

WORKS MOST DANGEROUS TRIBUTE
TO THE MUSIC OF
THE ROLLING STONES

www.theblushingbrides.com

Independence Day Celebration*

Wednesday, July 4

NARA Park

Family Fun Activities 3-7**

Free Concert Featuring

Rolling Stones Tribute Band

The Blushing Brides 7:30

Fireworks 9:30

www.acton-ma.gov/events

Limited parking onsite

Offsite parking directed to Nagog Park Drive

Access to NARA Park by short walk through Town Forest Trail

located at the end of Nagog Park Drive

Limited free bus shuttles

Fireworks Donated by:



Family Fun Major Sponsor



THE "SPIRIT OF '76"

*RAINDATE - FIREWORKS ONLY, THURSDAY, JULY 5

**Some activities will require a small fee. Any activity is subject to change.





Lions Club Town Fair
New Location: School Street Fields
Off Rt. 2, Acton

**Wednesday, June 22 to
 Sunday, June 26**


Wednesday-Thursday 6:00-10:00 PM
 Coupon Discount Nights

Friday 6:00-11:00 PM

Saturday Noon-11:00 PM

Sunday Noon-6:00 PM
 Coupon Discount Day

www.actonlions.org
 CHECK OUR WEBSITE FOR DISCOUNT COUPON
 INFORMATION, DIRECTIONS, PARKING INFO AND MORE!



The Help Wanted Band
Thursday, July 12
6:30 PM
NARA Park Amphitheater


Help Wanted features some of the industry's finest musicians and performers including two of Nashville's hottest singers: Mychael David and Susan Jayne. Individually each member is multi-talented but together they create a high energy show that is a brand of country all their own. Their style is known to be a mix of rockin' country music, mixed with some rhythm and blues, combined with a whole lot of class. Their stage show is said to be an unforgettable experience that leaves their audiences wanting more. Together this group creates a unique performance of honest from the heart music from Maine to Florida.

After 33 weeks on the charts, Mychael David's recording **Nothin'** hit #1 Fall 2011! www.mychaeldavidmusic.com

HELP WANTED
thehelpwantedband.com
www.acton-ma.gov/events

Free Summer Concert Series presents
THE HOOTCHIES
Thursday, July 19
6:30PM
NARA Park Amphitheater

Northern Fried Rock & Roll
 A combination of Southern Rock, New Orleans Funk, and Reggae



www.thehootchies.com
<http://www.facebook.com/TheHootchies>

Saturday, July 28, 2012, 3-7 PM
4TH ANNUAL SRI LANKA DAY

The Town of Acton together with the Sri Lanka Association of New England (SLANE) will host the 4th Annual Sri Lanka Day on Saturday, July 28th at NARA Park, 25 Ledge Rock Way, Acton, from 3pm to 7pm.

This event is an exposition of Sri Lankan culture and cuisine. The highlight of the event will be a series of performances by the Sri Lankan Drum Orchestra and Sri Lankan dances and songs by local performers.

An open marketplace provides visitors with the opportunity to buy and sample a variety of Sri Lankan foods, arts and crafts, teas and spices. There will also be a stall on Buddhism and the practice of meditation.

This is a wonderful event that is suitable for the entire family – there will be several fun-filled activities for children of all ages. **Entrance is free.**

www.acton-ma.gov/events www.slaneusa.com

Cultural Enrichment Events | Music | Food | Dance | Games



Follow us on Facebook!
www.facebook.com/nc.slday
www.slaneusa.com www.acton-ma.gov

Brought to you by **SLANE**

A SPECIAL TICKETED ENGAGEMENT



SATURDAY, JULY 21

8:00 – 10:30 PM

NARA PARK AMPHITHEATER

Acton, MA

\$10 per person

Purchase tickets in advance at www.mktix.com

or at the door beginning at 6PM

For over 15 years Beatlejuice has been the #1 choice for Beatles fans looking to get their fix of the Fab 4. Faithfully reproducing some of the greatest songs ever written, Beatlejuice covers every era of the Beatles catalog and on to the solo careers of the boys from Liverpool.

www.muzzdrums.com

www.acton-ma.gov/events



UNITED STATES AIR FORCE BAND OF LIBERTY CONCERT BAND

**Friday, July 27
7:30 PM**

**NARA Park Amphitheater
25 Ledge Rock Way, Acton**

www.bandofliberty.af.mil

www.acton-ma.gov/events



**U.S. AIR FORCE
BAND OF LIBERTY**

FREE
Open to the Public

GILMOUR'S BREAKFAST



NEW ENGLAND'S PREMIER

PINK FLOYD

TRIBUTE BAND

NARA PARK AMPHITHEATER

Acton, MA

Saturday, August 11

7:30-10:30PM

\$5 Per Person

Purchase tickets in advance at www.mktix.com

or at the door beginning at 6PM

www.gilmours-breakfast.com

The Hot Tamale Brass Band

The Hot Tamale Brass Band creates an exciting musical excursion into New Orleans, land of colorful Mardi Gras parades, Dixieland Jazz and Second Line traditions.



SEE THE HOT TAMALE BRASS BAND AT FENWAY PARK ~ PRE-GAME SHOW EVERY HOME GAME

THURSDAY, AUGUST 2
6:30PM
NARA PARK AMPHITHEATER
ACTON, MA

www.hottamalebrassband.com

Free Admission

www.acton-ma.gov/events

Connect, Contribute, Explore, Educate

Essence Of India

Saturday, August 18, 2012

3—7 PM

NARA Park, Acton

Free Admission

Please take this opportunity to explore and connect with the Indian community in its most inclusive, expansive sense. We hope we will all join together to celebrate what makes us unique and exceptional.

Indian Classical Dance

Fusion Dance (Bollywood)

Indian Classical Music

Indian Art & craft with Live Interactive Workshops

Unity in Diversity - Indian States

Costumes of India

Indian Food

Henna

www.essenceofindia.org

SAVE THE DATE... MORE DETAILS TO COME!

FOR UPDATES VISIT: WWW.ACTON-MA.GOV/RECREATION














*Important
DATE!*

Day	Dates	Time	Event/Program	Instructor	Note:
Saturday	October 6		Oktobertfest 5K!	www.mwcoc.org for more details and updates!	
Saturday	October 6	7:00-10:00 PM	Rocktober Concert	Hosted by Acton Recreation Dept.	Featuring Local Youth Bands
Saturday	October 13	2:00-4:00 PM	Woodlawn Autumn Halloween Tour	Guide: Bill Klauer	Free refreshments donated by Dunkin' Donuts of Acton
Sunday	October 14	2:00-4:00 PM	No. Acton Halloween Cemetery Tour	Guide: Bill Klauer	Free refreshments donated by Dunkin' Donuts of Acton
Friday	October 19	7:00-9:30 PM	Monsterbash	Hosted by Acton Recreation Dept.	

Acton Recreation Department's Mission Statement:
"Building a sense of community through quality recreation."

Thank You to our 2012 Event Sponsors

(as of Feb. 17, 2012)

AAA Southern New England www.aaa.com	Concert Series 
Acton-Boxborough Cultural Council www.actonboxboroughculturalcouncil.org	Acton Bluegrass Concert 
Acton Lions Club www.actonlions.com	Special Events & Concerts 
American Laser Skincare www.americanlaserskincare.com	Winter Carnival 
Barron Chiropractic & Wellness Center www.barronchiro.com	Concert Series 
Cambridge Savings Bank www.cambridgesavings.com	Beach Party, Independence Day Family Fun Activities, Winter Carnival 
Donelan's Supermarket www.donelans.com	Independence Day Fireworks 
Dunkin' Donuts www.dunkindonuts.com	Independence Day Activities, Halloween Cemetery Tour, Winter Carnival 
Gould's Clothing www.gouldsclothing.com	Independence Day Fireworks 
Harsip & Stuart, PC www.harsip-stuart-family-law.com	Concert Series
James V. Tabner http://home.tabnerlaw.com	Concert Series
Lifecare Center of Acton www.lcca.com	Winter Carnival 
Lowell Spinners Baseball www.lowellspinners.com	Special Events & Concerts
Roche Brothers www.rochebros.com	Beach Party 
Second Hand Prose www.secondhandprosebooks.com	Concert Series
Sorrento's Pizza www.sorrentospizzerias.com	Skate Park/Special Event 
Steinberg Lalli Charitable Foundation	Classical Concert Donation
Stop & Shop www.stopandshop.com	Special Events & Concert Series 
Wetherbee Plaza	Special Events & Concert Series



RECREATION DEPARTMENT
TOWN OF ACTON
472 MAIN STREET
ACTON, MA 01720

PRSRT STD
U.S. Postage
PAID
ACTON, MA
PERMIT #67

POSTAL PATRON ACTON, MA 01720

A sneak peek of what's inside!

NARA PARK SPECIAL EVENTS & CONCERTS

**ALL NEW SPORTS PROGRAMS FROM FIRST PLAY SPORTS
AND FAST PLAY!**

TENNIS FOR ADULTS AND YOUTH

NARA PARK BEACH

FUN AND AFFORDABLE BUS TRIPS

NEW GYMNASTIC PROGRAMS

SPECIAL ONE-DAY YOUTH CLASSES

**NARA SUMMER CAMP FOR AGES 4-14
A LICENSED SUMMER RECREATION CAMP FOR CHILDREN**

LANDSCAPING CLASSES

CHILDREN'S MUSIC, VOICE, AND ART CLASSES

NARA PARK FAMILY CAMPOUT

CHINESE MARTIAL ARTS PROGRAMS